BOYS TOP TEN LIST

KIWANIS PARK COURSE (Provo) 3.1 miles

	Name	Year	Time	Grade
1	**Jake Heslington**	**2012**	**15:23**	**SR**
2	**Taylor Liddell**	**2012**	**15:55**	**SR**
3	**McKay Mace**	**2012**	**16:09**	**JR**
4	**Chase Jackman**	**2012**	**16:29**	**JR**
5	**Ian Berlin**	**2012**	**16:33**	**JR**
6	**Ammon Nimmer**	**2012**	**16:37**	**JR**
7	**Zane Pedersen**	**2012**	**16:41**	**SR**
8	**Chris Webb**	**2012**	**16:53**	**JR**
9	**Koy Moore**	**2012**	**16:54**	**SO**
10	**Taylor Benson**	**2012**	**17:12**	**JR**

TOOELE INVITE 2.9 miles

	Name	Year	Time	Grade
1	**Jake Heslington**	**2012**	**15:03**	**SR**
2	**McKay Mace**	**2012**	**15:32**	**JR**
3	Zane Pederson	2011	15:59	JR
4	Tate Jackman	2011	16:08	SR
5	Matt Liddle	2008	16:13	JR
6	**Taylor Liddell**	**2012**	**16:16**	**SR**
7	Dane Smith	2008	16:16	SR
8	Jake Berlin	2008	16:22	JR
9	Spencer Baker	2008	16:29	JR
10	**Koy Moore**	**2012**	**16:30**	**SO**

AF GRASS RELAYS 2.0 miles

	Name	Year	Time	Grade
1	**Jake Heslington**	**2012**	**9:57**	**SR**
2	**McKay Mace**	**2012**	**10:33**	**JR**
3	Jake Berlin	2009	10:37	SR
4	Matt Reeves	2006	10:43	SR
5	Matt Liddle	2009	10:44	SR
6	Chris Bringhurst	2005	10:47	SR
7	Chris Reynolds	2009	10:55	SR
8	**Taylor Liddell**	**2012**	**10:58**	**SR**
8	Colten Henrie	2009	11:02	SR
10	**Ammon Nimmer**	**2012**	**11:04**	**JR**

UTAH COUNTY (Lakeside) 3.0 miles

	Name	Year	Time	Grade
1	**Jake Heslington**	**2012**	**14:59.34**	**SR**
2	**McKay Mace**	**2012**	**15:50.65**	**JR**
3	**Ammon Nimmer**	**2012**	**16:10.78**	**JR**
4	**Taylor Liddell**	**2012**	**16:25.15**	**SR**
5	**Chris Webb**	**2012**	**16:47.2**	**JR**
6	**Chase Jackman**	**2012**	**16:51.70**	**JR**
7	**Bobby Daley**	**2012**	**17:05.0**	**JR**
8	**Koy Moore**	**2012**	**17:11.22**	**SO**
9	**Seth Berlin**	**2012**	**17:26.6**	**FR**
10	**Taylor Benson**	**2012**	**17:27.6**	**JR**

BYU INVITE 3.1 miles (BYU Course)

	Name	Year	Time	Grade
1	**Jake Heslington**	2012	16:08.5	SR
2	Jake Berlin	2009	16:30.3	SR
3	Matt Liddle	2009	16:42.3	SR
4	**McKay Mace**	**2012**	**16:53.10**	**JR**
5	Chris Reynolds	2009	17:03.50	SR
6	**Taylor Liddell**	**2012**	**17:14.30**	**SR**
7	**Ammon Nimmer**	**2012**	**17:24.50**	**JR**
8	Spencer Baker	2009	17:25.6	SR
9	**Ian Berlin**	**2012**	**17:28.70**	**JR**
10	**Zane Pedersen**	**2012**	**17:35.70**	**SR**

BOB FIRMAN (Boise, ID) 3.1 miles

	Name	Year	Time	Grade
1	**Jake Heslington**	**2012**	**15:26.70**	**SR**
2	Jake Berlin	2009	16:21.20	SR
3	Chris Reynolds	2009	16:26.70	SR
4	**McKay Mace**	**2012**	**16:32.24**	**JR**
5	Mike Bills	2007	16:33.00	SR
6	Matt Liddle	2009	16:38.60	SR
7	Colten Henrie	2009	16:46.80	SR
8	Tate Jackman	2010	16:57.88	JR
9	**Taylor Liddell**	**2012**	**16:58.38**	**SR**
10	**Ammon Nimmer**	**2012**	**16:59.81**	**JR**

PARK CITY 3.0 miles

	Name	Year	Time	Grade
1	Jake Heslington	2011	15:45.50	JR
2	Jake Berlin	2009	15:50.7	SR
3	Matt Liddle	2009	15:53.5	SR
4	**Chase Jackman**	**2012**	**16:37.10**	**JR**
5	Chris Reynolds	2009	16:38.0	SR
6	**Ammon Nimmer**	**2012**	**16:41.70**	**JR**
7	**McKay Mace**	**2012**	**16:44.20**	**JR**
8	Colten Henrie	2009	16:45.8	SR
9	**Zane Pedersen**	**2012**	**16:46.40**	**SR**
10	Tate Jackman	2011	16:47.00	SR

STATE (SUGARHOUSE) 3.0 miles

	Name	Year	Time	Grade
1	**Jake Heslington**	**2012**	**15:06.90**	**SR**
2	Matt Reeves	2006	16:07.00	SR
3	Matt Liddle	2009	16:14.00	SR
4	Mike Bills	2007	16:17.90	SR
5	Jake Berlin	2009	16:18.10	SR
6	Chris Reynolds	2009	16:18.50	SR
7	Colten Henrie	2009	16:23.80	SR
8	**Zane Pedersen**	**2012**	**16:29.70**	**SR**
9	**McKay Mace**	**2012**	**16:31.00**	**JR**
10	Lance Smith	2004	16:39.00	SR

NIKE SW REGIONALS(Golf Course)3.1 miles

	Name	Year	Time	Grade
1	**Jake Heslington**	**2012**	**14:58.82**	**SR**
2	**McKay Mace**	**2012**	**16:19.56**	**JR**
3	Tate Jackman	2011	16:20.88	SR
4	**Zane Pedersen**	**2012**	**16:25.22**	**SR**
5	**Taylor Liddell**	**2012**	**16:28.70**	**SR**
6	**Ian Berlin**	**2012**	**16:36.58**	**JR**
7	**Chase Jackman**	**2012**	**16:47.37**	**JR**
8	**Ammon Nimmer**	**2012**	**16:48.07**	**JR**
9	**Bobby Daley**	**2012**	**16:56.80**	**JR**
10	**Koy Moore**	**2012**	**17:11.23**	**SO**

FOOTLOCKER 3.1 miles

	Name	Year	Time	Grade
1	Jake Heslington	2012	16:16	JR
2	Matt Liddle	2009	16:37	SR
3	Jake Berlin	2009	16:55	JR
4	Chris Reynolds	2009	16:58	SR
5	Spencer Baker	2009	17:08	SR
6	Tate Jackman	2011	17:19	SR
7	Andrew Terry	2009	17:24	SR
8	Colten Henrie	2009	17:26	SR
9	Matt Reeves	2006	17:29	SR
10	Taylor Liddell	2011	17:30	JR

UTAH COUNTY (Lakeside) 3.1 miles

	Name	Year	Time	Grade
1	Jake Heslington	2011	15:30.56	JR
2	Zane Pedersen	2011	16:29.68	JR
3	Tate Jackman	2011	16:35.99	SR
4	Taylor Liddell	2011	16:40.15	JR
5	McKay Mace	2011	16:56.80	SO
6	Ian Berlin	2011	17:01.63	SO
7	Chase Jackman	2011	17:02.47	SO
8	Ammon Nimmer	2011	17:10.04	SO
9	Nate Widmer	2011	17:17.37	JR
10	Kline Tate	2011	17:22.28	JR

SPRINGVILLE 2.96 miles

	Name	Year	Time	Grade
1	Jake Heslington	2011	15:19	JR
2	Tate Jackman	2011	15:46	SR
3	Nate Widmer	2011	16:12	JR
4	Zane Pederson	2011	16:16	JR
5	Taylor Liddell	2011	16:23	JR
6	Ian Berlin	2011	16:37.30	SO
7	Ammon Nimmer	2011	16:37.90	SO
8	Chase Jackman	2011	16:38	SO
9	Josh Shepherd	2011	16:51	JR
10	Chad Best	2011	17:12	SO

WASATCH INVITE (3.1 miles)

	Name	Year	Time	Grade
1	Jake Heslington	2011	16:29	JR
2	Zane Pederson	2011	17:43	JR
3	McKay Mace	2011	18:00	SO
4	Chase Jackman	2011	18:03	SO
5	Taylor Liddell	2011	18:11	JR
6	Ammon Nimmer	2011	18:16	SO
7	Nate Widmer	2011	18:26	JR
8	Ian Berlin	2011	18:28.7	SO
9	Kline Tate	2011	18:38	JR
10	Taylor Benson	2011	19:04	SO

Cougar Challenge (Kearns) 3.1 miles

	Name	Year	Time	Grade
1	Jake Heslington	2011	17:52.76	JR
2	Zane Pederson	2011	18:30.91	JR
3	Taylor Liddell	2011	19:00.05	JR
4	Tate Jackman	2011	19:08.25	SR
5	Ian Berlin	2011	19:10.71	SO
6	McKay Mace	2011	19:27.41	SO
7	Ammon Nimmer	2011	19:51.19	SO
8	Kline Tate	2011	19:51.61	JR
9	Chase Jackman	2011	19:57.31	SO
10	Nate Widmer	2011	20:03.52	JR

MURRAY PARK 2.9 miles (modified course)

	Name	Year	Time	Grade
1	Jake Heslington	2010	15:34.10	SO
2	Zane Pedersen	2010	16:59.50	SO
3	Tate Jackman	2010	17:02.30	JR
4	Tanner Young	2010	17:03.30	SR
5	Winston Farley	2010	17:33.50	SO
6	Ian Berlin	2010	17:41.90	FR
7	Ben Cheney	2010	17:44.40	JR
8	Josh Purser	2010	17:50.60	SR
9	Taylor Liddell	2010	17:53.30	SO
10	McKay Mace	2010	17:56.60	FR

MURRAY PARK 3.1 miles

	Name	Year	Time	Grade
1	Jake Berlin	2009	16:30.4	SR
2	Matt Liddle	2009	16:36.0	SR
3	Chris Reynolds	2008	16:51.7	SR
4	Travis Thurston	2001	16:54	SR
5	Mike Bills	2007	16:56	SR
6	Spencer Baker	2008	17:10	JR
7	Colten Henrie	2009	17:24.2	SR
8	Brent Young	2006	17:26.2	SR
9	Lance Smith	2004	17:26.7	SR
10	Dane Smith	2008	17:31	SR

SCERA PARK 2.9 miles (old course)

	Name	Year	Time	Grade
1	Lance Smith	2004	14:44	SR
2	Mike Bills	2007	15:07	SR
3	Matt Reeves	2004	15:16	SO
3	Jon Oliver	2004	15:16	JR
5	Jake Berlin	2007	15:22	SO
6	Mitch Hall	2004	15:30	SR
7	Chris Bringhurst	2004	15:35	JR
8	Christian Hunt	2004	15:44	JR
9	Alex Johnson	2004	15:54	SR
10	Brandon Davies	2007	15:55	SR

SCERA PARK (new course)3.0 miles

	Name	Year	Time	Grade
1	Jake Heslington	2010	15:30.9	SO
2	Jake Berlin	2009	15:46.9	SR
3	Matt Liddle	2009	15:55.6	SR
4	Chris Reynolds	2009	15:58.0	SR
5	Tate Jackman	2010	16:10.4	JR
6	Colten Henrie	2009	16:20.7	SR
7	Andrew Terry	2009	16:29.7	SR
8	Zane Pedersen	2010	16:30.5	SO
9	Spencer Baker	2009	16:32.4	SR
10	Alex Amor	2009	16:41.0	SR

SPANISH FORK 3.0 miles

	Name	Year	Time	Grade
1	Matt Reeves	2005	16:12	JR
2	Mike Bills	2007	16:34	SR
3	Jake Berlin	2007	16:42	SO
4	Christian Hunt	2005	16:43.6	SR
5	Chris Bringhurst	2005	16:43.7	SR
6	Jon Oliver	2004	17:00	JR
7	Brent Young	2005	17:00.6	JR
8	Matt Liddle	2007	17:06	JR
9	Brandon Davies	2007	17:38	SR
10	Trevor Smith	2005	17:46	SR

PLEASANT GROVE 3.1 miles upper course

	Name	Year	Time	Grade
1	Matt Liddle	2008	16:12	JR
2	Jake Berlin	2008	16:39	JR
3	Spencer Baker	2008	17:12	JR
4	Chris Reynolds	2008	17:16	JR
5	Jason Hodson	2008	17:24	SR
6	Colten Henrie	2008	17:29	JR
7	Austin Liddell	2008	17:31	SR
8	Dane Smith	2008	17:41	SR
9	Trevor Harmon	2008	17:51	SR
10	James Gibson	2008	18:10	SR

WAHSATCH INVITE (Soldier Hollow) 3.3 miles

	Name	Year	Time	Grade
1	Jake Berlin	2008	19:24	JR
2	Spencer Baker	2008	19:34	JR
3	Chris Reynolds	2008	19:43	JR
4	Matt Liddle	2008	19:54	JR
5	Jason Hodson	2008	20:03	SR
6	Austin Liddell	2008	20:14	SR
7	Andrew Terry	2008	20:18	JR
8	James Gibson	2008	20:19	JR
9	Matt Kresge	2008	20:20	SR
10	Dane Smith	2008	20:43	SR

BYU INVITE (East Bay) 3.1 miles

	Name	Year	Time	Grade
1	Mike Bills	2007	16:57.0	SR
2	Matt Liddle	2007	17:05.7	SO
3	Matt Reeves	2006	17:09.2	SR
4	Jake Berlin	2007	17:18.3	SO
5	Brent Young	2006	17:27.2	SR
6	Brandon Davies	2007	17:27.5	SR
7	Dane Smith	2007	18:23.9	JR
8	Jason Hodson	2007	18:27.1	JR
9	Spencer Baker	2007	18:31.2	So
10	Chris Reynolds	2007	18:38.4	So

UVU Kiwanis INVITE 3.1 miles

	Name	Year	Time	Grade
1	Mike Bills	2007	16:36	SR
2	Matt Liddle	2008	16:53	JR
3	Jake Berlin	2007	16:54	SO
4	Matt Reeves	2005	17:00	JR
5	Brent Young	2005	17:11	JR
6	Spencer Baker	2008	17:27	JR
7	Christian Hunt	2005	17:29	SR
8	Lance Smith	2003	17:29	JR
9	Brandon Davies	2007	17:33	SR
10	Jason Hodson	2007	17:41	JR

PLEASANT GROVE 3.0 miles old course

	Name	Year	Time	Grade
1	Matt Reeves	2006	16:35	SR
2	Chris Bringhurst	2004	16:52	JR
3	Brent Young	2006	16:59	JR
3	Lance Smith	2003	16:59	JR
5	Rob Clegg	2002	17:00	SR
6	Travis Thurston	2001	17:03	SR
7	Jon Oliver	2004	17:20	JR
8	Christian Hunt	2004	17:27	JR
9	Jake Berlin	2006	17:44	FR
10	Dane Smith	2006	17:47	SO

LONE PEAK (Westmore ES) 3.0 Mile				
	Name	**Year**	**Time**	**Grade**
1	Matt Reeves	2006	16:11	SR
2	Brent Young	2006	16:36	SR
3	Dane Smith	2006	17:37	SO
4	Jake Berlin	2006	17:54	FR
5	Mike Mace	2006	18:01	SO
6	Brandon Davies	2006	18:16	JR
7	Justin Benson	2006	18:27	SR
8	Davey Runnells	2006	18:29	SO
9	Sean Aaron	2006	18:37	JR
10	James Gibson	2006	18:41	SO

BYU INVITE (Cascade) 3.1 miles				
	Name	**Year**	**Time**	**Grade**
1	Lance Smith	2004	17:03	SR
2	Chris Bringhurst	2005	17:21	SR
3	Matt Reeves	2005	17:30	JR
4	Brent Young	2005	17:37	JR
5	Christian Hunt	2004	17:51	JR
6	Jason Manookin	2003	17:54	SR
7	Jon Oliver	2005	18:02	SR
8	Mitch Hall	2003	18:05	JR
9	Alex Johnson	2003	18:30	JR
10	Brent Bullock	2003	18:40	SO