

Wasatch High Invitational Cross Country Invitational 2011

Dear Coaches and athletes,

Wasatch High School invites you to the Wasatch Cross Country Invitational. This meet is held at Soldier Hollow in Midway, Utah. The JV/Varsity course is the same as in year's past and can be viewed in the attachment. Parking is limited to the lots just before the entrance, with a short walk down into the arena. Bathrooms are located conveniently near the course. Concessions will be available, including sports drinks, muffins, etc... New to the event this year is an open race for the coaches, community and families! There will also be Soldier Hollow race t-shirts for purchase.

\$20.00 for each person running the community race, include shirt size and gender. We won't be doing age categories for this race. Register at lkwilley@gmail.com all checks made to Wasatch High School.

Date September 10

8:00	Open Race start
8:30	Coaches meeting
9:00	Girls JV Race
9:30	Boys JV Race
10:00	Girls Varsity Race
10:30	Boys Varsity Race

\$50.00 for each boy's and girl's Varsity teams this will cover JV runners for teams that register Varsity teams. Checks payable to Wasatch High School

Note: There are 2 places on the course where runners will cross over a black top road the rest of the race consists of dirt and grass trails. There is also a section of the race that includes a blacktop surface for several yards but the grass will be mown on the side for those wearing spikes. There are no single track sections. The trail will be marked by blue V boards, make sure your runners know not to cross the V boards. We will also have a 4-wheeler out front for runners to follow to ensure that all stay on the course and no one gets "lost".

Awards:

JV races: Medals for top 10 finishers

Varsity races: Trophy for overall male and female finisher, medals for 2-10

Team Awards: Trophies for top 2 teams

We look forward to enjoying this great race with you!

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