

Utah County Cross Country Invitational

Lakeside Sports Park

400 South 1850 West, Orem, UT

Saturday, August 30, 2014

Time Schedule:

8:00 Packet Pick up

9:00 Freshman / Sophomore Girls

9:40 Freshman / Sophomore Boys

10:10 Junior / Senior Girls

10:50 Junior /Senior Boys

11:45 Awards

Awards: Awards will be given to the top ten finishers in each race.

A trophy will be given to the top two varsity men's and women's team. And a trophy to the top JV men's and women's team.

Fees: \$50 Boys Team, \$50 Girls Team.

Make Checks Payable to: Timpanogos High School

1450 N. 200 E Orem, UT 84057

Course: The course is a 3miles, 90% grass with some concrete. It is very spectator friendly. Flat and Fast.

Registration: Please register on runnercard.com

Registration closes Thursday, Aug. 28, 8:00 PM.

Parking and restrooms: There is ample parking at the park for cars and busses. Clean restrooms are available at the park.

Jody Benson, Timpanogos High School. Cell: 801-368-4521

Email: jodylbenson@alpinedistrict.org

Utah County Inv

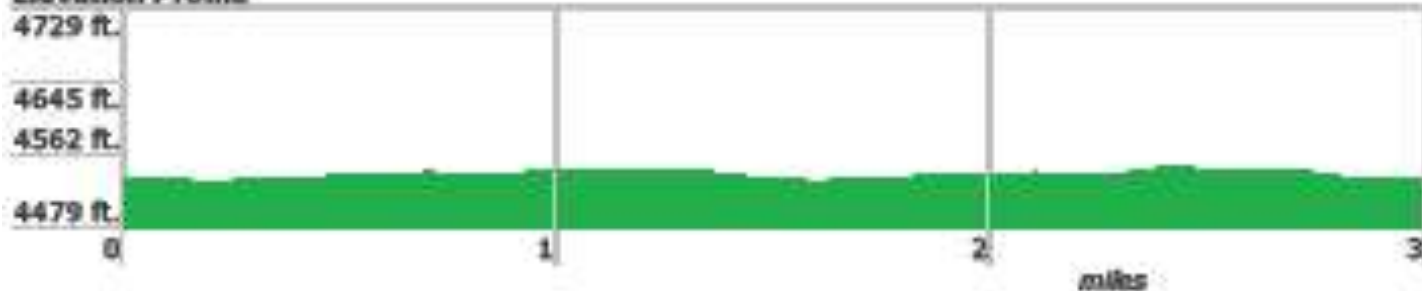
Distance: 3.03 miles / 4.88 km

Location: Start: Lakeside Park
Orem, UT, US

Attributes: point-to-point, mostly flat, grass



Elevation Profile



Total climb: 41 feet / 13 m

Total elevation change: 85 feet / 26 m