

| Place | Name | School | Results (m) | Place | Name | School | Results (m) |
|----------------|--------------------------|-------------------|-------------|-------|---------------------------|----------------|--------------|
| | Women's Wt. Throw | | | 33 | Cassandra | GRHS TC | 5.55 |
| 1 | Devyn Williams | RSHS TC | 12.10 | 34 | Sofia Jimenez | Herriman TC | 5.45 |
| 2 | Courtney Smith | RSHS TC | 11.21 | 35 | Kiera Edmonds | GRHS TC | 5.32 |
| 3 | Sara Thompson | Rocksprings HS TC | 9.94 | 36 | McKayla Cuthbertson | | 3.98 |
| 4 | Kynzi Erickson | Star Valley HS TC | 8.42 | 37 | McKenna Bournazian | Rock Springs | no mark |
| 5 | McKenna Bournazian | RSHS TC | 8.16 | | Womans High Jump | | |
| 6 | Jhett Jenkins | Star Valley HS TC | 7.76 | Place | Name | School | Result |
| 7 | Kate Olsen | Bountiful HS TC | 7.74 | 1 | Olivia Gneiting | Rigby TC | 5' |
| 8 | Bailey Basinger | BHS TC | 7.51 | 2 | Josiah Williams | Box Elder TC | 5' |
| 9 | Kylie Lepp | Rocksprings HS TC | 6.67 | 3 | Eliza Morin | GRHS TC | 5' |
| 10 | Jolyn Semadeni | | 6.27 | 4 | Lillian Reese | Juab TC | 4'8" |
| | Women's Shot Put | | | 5 | Shelby Vasas | Century | 4'6" |
| Finals | | | | 6 | Josie Hallett | Payson TC | 4'6" |
| Place | Name | School | Result (m) | 7 | McCora Wolfley | Star Valley TC | 4'6" |
| 1 | Tori Bailey | Herriman TC | 12.41 | 8 | Kaitlyn Ward | Riverton TC | 4'4" |
| 2 | Darcy Allen | Bingham TC | 11.27 | 9 | Rena Davis | Weber TC | 4'10" |
| 3 | Miley Houghton | SHHS TC | 10.98 | 10 | Cassidy Henderson | Herriman TC | 4'1" |
| 4 | Courtney Smith | Rock Springs TC | 10.93 | 11 | Kaylee Gerlach | Be TC | 4'1" |
| 5 | Natasha Young | Green River TC | 10.86 | 12 | Madison Johnson | Riverton TC | NH |
| 6 | Sara Tompson | Rock Springs TC | 9.6 | | Women's Long Jump | | |
| 7 | Bailey B | BHS TC | 9.36 | | Finals | | |
| 8 | Maxima Basada | Syracuse TC | 9.1 | Place | Name | School | Results (Ft) |
| Prelims | | | | 1 | Jentry Skidmore | Syracuse TC | 18'5" |
| 1 | Tori Bailey | Herriman TC | 12.41 | 2 | Caroline Iverson | Box Elder TC | 16'5.5" |
| 2 | Darcy Allen | Bingham | 11.27 | 3 | Rachel Whipple | Bountiful TC | 15'9.25" |
| 3 | Miley Houghton | Salem Hills TC | 10.98 | 4 | Sara Davies | Syracuse TC | 15'9" |
| 4 | Courtney Smith | RSHS TC | 10.93 | 5 | Julia Miller | Bountiful TC | 15'5.25" |
| 5 | Natasha Young | GRHS TC | 10.26 | 6 | Olivia Gneiting | Rigby TC | 15'2.5" |
| 6 | Sara Tompson | RSHS TC | 9.6 | 7 | Addie Waddoups | Preston TC | 14'3.5" |
| 7 | Maxima Basada | Syracuse TC | 9.03 | 8 | Kathryn Weaver | Mercury TC | 14'3.25" |
| 8 | Bailey B. | BHS TC | 9.02 | | Women's Pole Vault | | |
| 9 | Devyn Williams | Riverton TC | 9.02 | Place | Name | School | Height (Ft) |
| 10 | Kynzi Erickson | Star Valley TC | 8.99 | 1 | Camilla Moses | Syracuse TC | 11' |
| 11 | Olivia Worlton | Herriman TC | 8.87 | 2 | Kaylee Gerlach | Box Elder TC | 9'6" |
| 12 | Rylee Guertzgen | Evanston TC | 8.61 | 3 | Anna Parkinson | Riverton TC | 9' |
| 13 | Kate Olsen | Bountiful TC | 8.43 | 4 | Daryn Short | Preston TC | 8' |
| 14 | Charlyn Garcia | Riverton TC | 7.99 | 5 | Kyli Yorgason | Riverton TC | 8' |
| 15 | Shania Strong | Maple Mountain TC | 7.82 | 6 | Kelsi Yorgason | Riverton TC | 7' |
| 16 | Shelynd Halls | Rock Springs TC | 7.57 | 6 | Kaylie Gopp | Riverton TC | 7' |
| 17 | Cassidy Gomez | | 7.47 | 7 | Isabella Wetzler | Star Valley TC | 7' |
| 18 | Jhett Jenkins | Star Valley TC | 7.37 | 8 | Emily Benedict | Evanston TC | 7' |
| 19 | Trinity Chrisawn | Rock Springs TC | 7.33 | | Womans 60H Prelims | | |
| 20 | Kyrene Galanis | Herriman TC | 7.3 | | Name | School | Time |
| 21 | Kylee Capp | RSHS TC | 7.27 | 1 | Stephanie Tevort | ALA TC | 9.32 |
| 22 | Jolyn Semadeni | Star Valley TC | 7.26 | 2 | Rachel Whipple | Bountiful TC | 9.58 |
| 23 | Tyla Duran | Riverton TC | 7.07 | 3 | Karina Broadhead | Layton High S | 9.6 |
| 24 | Alaina Maiers | GRHS TC | 7.07 | 4 | Jentry Skidmore | Syracuse TC | 9.83 |
| 25 | Haley Langford | Evanston TC | 6.93 | 5 | Sara Davies | Syracuse TC | 9.89 |
| 26 | Hannah Breinholt | RSHS TC | 6.85 | 6 | Marissa Barlow | Sky View TC | 9.97 |
| 27 | Janae Neff | GRHS TC | 6.65 | 7 | Madeline Martin | Hillcrest TC | 9.99 |
| 28 | Kim Peterson | | 6.39 | 8 | Grace Cobabe | Mercury TC | 10.08 |
| 29 | Allison McConnel | Rock Springs TC | 6.23 | 9 | Bailey Christensen | Bear River TC | 10.33 |
| 30 | Katelin Valdez | RSHS TC | 6.22 | 10 | Makayla Rice | RSHC TC | 10.45 |
| 31 | Anya Tuft | Evanston TC | 6.04 | | | | |
| 32 | Anastasia Walker | Bountiful TC | 5.67 | | | | |

