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**Meet Results**
**Tri-Meet 3-16 16-Mar-16****Location: Timpanogos**

<b>Mark</b>	<b>Convert</b>	<b>Rnd</b>	<b>Name</b>	<b>Age/Yr</b>	<b>Place</b>	<b>Points</b>	<b>Improv</b>
<b>Event # 1 Female 100m Hurdles Open</b>							
17.57	NWI	F	Sarah Jensen	Timpanogos H	2	4	-.13
17.72	NWI	F	Lindsay Shimanek	Timpanogos H	3	3	-.09
18.50	NWI	F	Alyxis Carter	Timpanogos H	4	2	-.63
18.61	NWI	F	Mia Barlow	Timpanogos H	5	1	---
18.91	NWI	F	Malia Fisher	Timpanogos H	7	---	.18
18.97	NWI	F	Magdalena Scribner	Timpanogos H	9	---	.09
19.09	NWI	F	Tess Donaldson	Timpanogos H	10	---	---
19.82	NWI	F	Haylie Liddell	Timpanogos H	11	---	.12
<b>Event # 2 Male 110m Hurdles Open</b>							
19.28	NWI	F	Spencer Nelson	Timpanogos H	2	4	-.48
20.52	NWI	F	Colton Lindsay	Timpanogos H	3	3	-.78
24.34	NWI	F	Matt Harris	Timpanogos H	4	2	3.38
<b>Event # 3 Female 100m Dash Open</b>							
12.75	NWI	F	Kyra Malie	Timpanogos H	1	6	.14
13.50	NWI	F	Kodi Thomas	Timpanogos H	6	---	-.11
13.55	NWI	F	Alexis deWitt	Timpanogos H	7	---	-.02
13.89	NWI	F	Shaylee Clements	Timpanogos H	11	---	-.10
14.40	NWI	F	Tiera Maile	Timpanogos H	15	---	.21
14.70	NWI	F	Kendra Middleton	Timpanogos H	17	---	---
14.80	NWI	F	Aspyn Farrer	Timpanogos H	18	---	-.07
14.81	NWI	F	Leslie Figueroa	Timpanogos H	19	---	---
15.06	NWI	F	Mariana Garcia	Timpanogos H	21	---	-.54
15.31	NWI	F	Naomi Ware	Timpanogos H	23	---	---
15.60	NWI	F	Sabrina Brenton	Timpanogos H	25	---	---
15.73	NWI	F	Aleksis Johnson	Timpanogos H	26	---	---
16.35	NWI	F	Baylee Herrera	Timpanogos H	27	---	---
<b>Event # 4 Male 100m Dash Open</b>							
11.66	NWI	F	Alan Price	Timpanogos H	6	---	-.13
11.79	NWI	F	Ryan Evelyn	Timpanogos H	7	---	---
12.04	NWI	F	McKay Harris	Timpanogos H	10	---	-.05
12.28	NWI	F	Parker Louder	Timpanogos H	13	---	.23
12.29	NWI	F	Chris Colson	Timpanogos H	14	---	---
12.34	NWI	F	Taylor Dallin	Timpanogos H	15	---	-.05
12.41	NWI	F	Ty Smith	Timpanogos H	17	---	.11
12.44	NWI	F	Seth Trowbridge	Timpanogos H	18	---	.30
12.65	NWI	F	Brett Dawson	Timpanogos H	21	---	---
12.68	NWI	F	Jacob Hansen	Timpanogos H	23	---	---
12.70	NWI	F	Aaron Jacot	Timpanogos H	24	---	---
12.75	NWI	F	Cameron Benson	Timpanogos H	25	---	---
13.60	NWI	F	Jordan Freitas	Timpanogos H	29	---	.05
<b>Event # 5 Female 1600m Run Open</b>							
5:34.01		F	Julieta Navarrete-Lamas	Timpanogos H	3	3	3.11
5:34.26		F	Taylor Viertel	Timpanogos H	4	2	7.90
5:34.56		F	Erin Anderson	Timpanogos H	5	1	-13.51
5:34.76		F	Holley VanSchouwenburg	Timpanogos H	6	---	1.56

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Mark	Convert	Rnd	Name	Age/Yr	Place	Points	Improv
<b>Event # 5 Female 1600m Run Open</b>							
5:55.65		F	Raechel Hunsaker	Timpanogos H	11	---	---
6:02.92		F	Morgan Farley	Timpanogos H	13	---	-13.14
6:05.06		F	Haley Bean	Timpanogos H	14	---	-12.85
6:33.63		F	Emily Hakala	Timpanogos H	16	---	-18.94
<b>Event # 6 Male 1600m Run Open</b>							
4:44.24		F	Brennan Benson	Timpanogos H	3	3	6.13
4:49.94		F	Taylor Murphy	Timpanogos H	4	2	---
4:52.09		F	William Handley	Timpanogos H	6	---	14.62
4:52.28		F	Ben Berlin	Timpanogos H	7	---	-9.42
4:54.38		F	Isaiah Nimmer	Timpanogos H	10	---	-9.50
4:56.22		F	Alex Knight	Timpanogos H	11	---	1.70
4:56.93		F	Tyler Weber	Timpanogos H	12	---	-15.03
4:57.00		F	Tony Ortiz	Timpanogos H	13	---	-5.73
5:10.20		F	Brigham Knudsen	Timpanogos H	16	---	-9.68
5:15.62		F	Mitchell Hutchins	Timpanogos H	20	---	20.38
5:27.93		F	Jeff Hakala	Timpanogos H	24	---	---
5:36.97		F	Sammy Stearman	Timpanogos H	26	---	-2.65
5:40.64		F	Riley Welker	Timpanogos H	28	---	---
5:52.67		F	Jason Cooper	Timpanogos H	29	---	---
6:05.12		F	Kaden Christensen	Timpanogos H	30	---	---
<b>Event # 7 Female 4x100m Relay Relay Open</b>							
52.69		C Relay		Timpanogos H	1	6	---
55.91		A Relay		Timpanogos H	---	---	---
59.80		B Relay		Timpanogos H	---	---	---
<b>Event # 8 Male 4x100m Relay Relay Open</b>							
44.63		B Relay		Timpanogos H	2	4	---
47.16		A Relay		Timpanogos H	---	---	---
<b>Event # 9 Female 400m Dash Open</b>							
1:01.04		F	Karen Christensen	Timpanogos H	1	6	-.65
1:06.24		F	Alison Seaman	Timpanogos H	4	2	-1.58
1:06.72		F	Rebekah Christensen	Timpanogos H	5	1	---
1:06.77		F	Taylor Viertel	Timpanogos H	6	---	---
1:07.64		F	Julieta Navarrete-Lamas	Timpanogos H	7	---	---
1:07.73		F	Whitney Smith	Timpanogos H	8	---	---
1:09.18		F	Holley VanSchouwenburg	Timpanogos H	10	---	---
1:14.46		F	Aleksis Johnson	Timpanogos H	14	---	---
1:14.71		F	Baylee Herrera	Timpanogos H	15	---	---
<b>Event # 10 Male 400m Dash Open</b>							
52.18		F	Brady Waldron	Timpanogos H	2	4	-.87
53.03		F	Ryan Evelyn	Timpanogos H	4	2	---

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Mark	Convert	Rnd	Name	Age/Yr	Place	Points	Improv
<b>Event # 10 Male 400m Dash Open</b>							
53.30		F	Alan Price	Timpanogos H	5	1	---
55.32		F	Gabe Prettypaint	Timpanogos H	9	---	---
1:01.29		F	Ethan Poole	Timpanogos H	12	---	---
<b>Event # 11 Female 300m Hurdles Open</b>							
48.58		F	Lindsay Shimanek	Timpanogos H	1	6	-2.42
50.83		F	Sarah Jensen	Timpanogos H	2	4	-.74
53.10		F	Alyxis Carter	Timpanogos H	3	3	-4.48
54.20		F	Malia Fisher	Timpanogos H	4	2	-1.02
54.64		F	Magdalena Scribner	Timpanogos H	6	---	.23
57.45		F	Mia Barlow	Timpanogos H	8	---	-.29
59.24		F	Kendra Middleton	Timpanogos H	9	---	---
<b>Event # 12 Male 300m Hurdles Open</b>							
45.58		F	Chris Colson	Timpanogos H	1	6	---
47.75		F	Spencer Nelson	Timpanogos H	2	4	-5.19
49.88		F	Colton Lindsay	Timpanogos H	3	3	-1.57
50.11		F	Matt Harris	Timpanogos H	4	2	1.35
55.37		F	Ethan Poole	Timpanogos H	5	1	---
<b>Event # 13 Female 1600m Sprint Medley Relay Relay Open</b>							
4:53.50	A Relay			Timpanogos H	1	6	---
<b>Event # 14 Male 1600m Sprint Medley Relay Relay Open</b>							
4:22.84	A Relay			Timpanogos H	1	6	---
<b>Event # 15 Female 800m Run Open</b>							
2:24.34		F	Madison Moffitt	Timpanogos H	2	4	-25.43
2:28.48		F	Rebekah Christensen	Timpanogos H	3	3	---
2:32.11		F	Julieta Navarrete-Lamas	Timpanogos H	5	1	---
2:33.67		F	Taylor Viertel	Timpanogos H	6	---	4.79
2:35.89		F	Holley VanSchouwenburg	Timpanogos H	7	---	1.20
2:49.10		F	Morgan Farley	Timpanogos H	10	---	2.03
2:49.32		F	Haley Bean	Timpanogos H	11	---	-.72
3:02.55		F	Emily Hakala	Timpanogos H	13	---	---
3:03.43		F	Olivia Webb	Timpanogos H	14	---	---
3:11.55		F	Bailey McCombs	Timpanogos H	17	---	---
3:13.52		F	Mariah Powell	Timpanogos H	18	---	-9.92
<b>Event # 16 Male 800m Run Open</b>							
2:06.67		F	Brennan Benson	Timpanogos H	2	4	2.38
2:10.86		F	Spencer Robinson	Timpanogos H	3	3	-6.41
2:13.99		F	Ben Berlin	Timpanogos H	8	---	-6.73
2:18.20		F	Tony Ortiz	Timpanogos H	10	---	---
2:20.20		F	Brigham Knudsen	Timpanogos H	12	---	-10.85
2:20.25		F	Isaiah Nimmer	Timpanogos H	13	---	---
2:22.22		F	Taylor Murphy	Timpanogos H	15	---	---
2:26.02		F	Mitchell Hutchins	Timpanogos H	18	---	.91

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Mark	Convert	Rnd	Name	Age/Yr	Place	Points	Improv
<b>Event # 16 Male 800m Run Open</b>							
2:27.51		F	Jacob Liddle	Timpanogos H	19	---	---
2:30.93		F	Ben Thurber	Timpanogos H	21	---	---
2:31.61		F	Jeff Hakala	Timpanogos H	22	---	---
2:33.88		F	Sammy Stearman	Timpanogos H	23	---	---
2:50.05		F	Josh Carlson	Timpanogos H	24	---	2.68
<b>Event # 17 Female 200m Dash Open</b>							
26.78	NWI	F	Kyra Malie	Timpanogos H	1	6	-.43
27.53	NWI	F	Karen Christensen	Timpanogos H	3	3	---
28.01	NWI	F	Alexis deWitt	Timpanogos H	5	1	-.50
28.21	NWI	F	Rebekah Christensen	Timpanogos H	6	---	---
29.03	NWI	F	Shaylee Clements	Timpanogos H	8	---	.16
29.13	NWI	F	Kodi Thomas	Timpanogos H	9	---	---
29.89	NWI	F	Whitney Smith	Timpanogos H	11	---	.20
29.98	NWI	F	Alyxis Carter	Timpanogos H	12	---	---
30.12	NWI	F	Tiera Maile	Timpanogos H	13	---	-.09
30.26	NWI	F	Alison Seaman	Timpanogos H	14	---	.42
30.89	NWI	F	Olivia Webb	Timpanogos H	17	---	-.76
31.01	NWI	F	Leslie Figueroa	Timpanogos H	18	---	-1.37
31.64	NWI	F	Mariana Garcia	Timpanogos H	21	---	-1.14
32.15	NWI	F	Mia Barlow	Timpanogos H	22	---	---
32.46	NWI	F	Sabrina Brenton	Timpanogos H	23	---	---
<b>Event # 18 Male 200m Dash Open</b>							
24.11	NWI	F	Alan Price	Timpanogos H	6	---	.19
24.36	NWI	F	Brady Waldron	Timpanogos H	8	---	-.18
24.78	NWI	F	Taylor Dallin	Timpanogos H	10	---	-.72
25.27	NWI	F	Chris Colson	Timpanogos H	14	---	---
25.53	NWI	F	Ty Smith	Timpanogos H	16	---	---
25.75	NWI	F	Haydn Sandstrom	Timpanogos H	19	---	---
25.85	NWI	F	Jacob Hansen	Timpanogos H	20	---	---
25.88	NWI	F	Brett Dawson	Timpanogos H	21	---	---
26.00	NWI	F	Aaron Jacot	Timpanogos H	22	---	---
26.13	NWI	F	Adam Ahmu	Timpanogos H	25	---	---
27.53	NWI	F	Colton Lindsay	Timpanogos H	28	---	-.17
28.05	NWI	F	Jordan Freitas	Timpanogos H	29	---	---
<b>Event # 19 Female 3200m Run Open</b>							
12:33.99		F	Madison Moffitt	Timpanogos H	1	6	---
<b>Event # 20 Male 3200m Run Open</b>							
10:51.27		F	William Handley	Timpanogos H	1	6	-1:12.88
10:51.39		F	Gabe Prettypaint	Timpanogos H	2	4	-1:12.86
10:56.71		F	Joe Benson	Timpanogos H	3	3	-1:07.32
11:00.90		F	Spencer Robinson	Timpanogos H	4	2	-1:03.36
11:36.99		F	Derek Bonney	Timpanogos H	5	1	---
11:46.96		F	Ben Thurber	Timpanogos H	6	---	---
12:33.98		F	Jacob Liddle	Timpanogos H	7	---	---
<b>Event # 21 Female 4x400m Relay Relay Open</b>							

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**Meet Results**
**Tri-Meet 3-16 16-Mar-16**

Mark	Convert	Rnd	Name	Age/Yr	Place	Points	Improv
<b>Event # 21 Female 4x400m Relay Relay Open</b>							
4:19.08	A Relay			Timpanogos H	1	6	---
4:46.96	B Relay			Timpanogos H	4	---	---
5:10.75	C Relay			Timpanogos H	5	---	---
5:28.68	D Relay			Timpanogos H	6	---	---
<b>Event # 22 Male 4x400m Relay Relay Open</b>							
3:54.39	A Relay			Timpanogos H	3	2	---
3:58.44	B Relay			Timpanogos H	4	---	---
<b>Event # 23 Female High Jump Open</b>							
5-00.00	1.52m F		Kendra Middleton	Timpanogos H	2	4	---
4-08.00	1.42m F		Malia Fisher	Timpanogos H	4	2	0-00.00
4-04.00	1.32m F		Karen Christensen	Timpanogos H	6	---	0-02.00
NH	F		Mia Barlow	Timpanogos H	---	---	---
<b>Event # 24 Male High Jump Open</b>							
5-10.00	1.77m F		Will Jenkinson	Timpanogos H	1	6	---
* 5-08.00	1.72m F		Daxton Hill	Timpanogos H	2	3.5	---
* 5-08.00	1.72m F		Ethan Poole	Timpanogos H	2	3.5	---
5-02.00	1.57m F		Aaron Jacot	Timpanogos H	7	---	0-04.00
NH	F		Chris Colson	Timpanogos H	---	---	---
<b>Event # 27 Female Long Jump Open</b>							
15-01.00	4.59m F		Sarah Jensen	Timpanogos H	1	6	0-02.00
14-11.00	4.54m F		Whitney Smith	Timpanogos H	2	4	0-03.00
X14-09.00	4.49m F		Lindsay Shimanek	Timpanogos H	---	---	0-04.50
12-03.00	3.73m F		Bailey McCombs	Timpanogos H	5	1	-0-02.00
12-01.00	3.68m F		Megan Cheney	Timpanogos H	6	---	---
<b>Event # 28 Male Long Jump Open</b>							
18-08.50	5.70m F		Will Jenkinson	Timpanogos H	2	4	---
18-08.00	5.69m F		McKay Harris	Timpanogos H	3	3	0-03.50
18-00.00	5.48m F		Ryan Evelyn	Timpanogos H	4	2	---
16-11.00	5.15m F		Ty Smith	Timpanogos H	8	---	-1-11.00
16-08.50	5.09m F		Brett Dawson	Timpanogos H	9	---	---
16-06.00	5.02m F		Adam Ahmu	Timpanogos H	11	---	1-09.00
13-11.50	4.25m F		Colton Lindsay	Timpanogos H	17	---	-0-06.00
13-06.50	4.12m F		Matt Harris	Timpanogos H	18	---	---
<b>Event # 29 Female Discus Open</b>							
60-05.00	18.41m F		Megan Hutchings	Timpanogos H	8	---	-1-10.00
51-05.00	15.67m F		Fiona Carter	Timpanogos H	9	---	11-11.50
49-08.00	15.13m F		Cecilee Karns	Timpanogos H	10	---	-3-07.00

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<b>Event # 30 Male Discus Open</b>							
101-11.00	31.06m F		Steven Reich	Timpanogos H	2	4	---
98-10.00	30.12m F		Kaden Dallin	Timpanogos H	3	3	-3-09.50
93-02.00	28.39m F		Hunter Greer	Timpanogos H	7	---	10-04.00
<b>Event # 31 Female Javelin Open</b>							
78-08.00	23.97m F		Alyxis Carter	Timpanogos H	1	6	16-04.00
59-00.00	17.98m F		Fiona Carter	Timpanogos H	6	---	-3-09.00
52-02.00	15.90m F		Cecilee Karns	Timpanogos H	9	---	-10-10.50
<b>Event # 32 Male Javelin Open</b>							
110-06.00	33.68m F		Adam Ahmu	Timpanogos H	5	1	---
110-00.00	33.52m F		Brett Dawson	Timpanogos H	6	---	---
108-07.00	33.09m F		Hunter Greer	Timpanogos H	7	---	15-06.00
99-09.00	30.40m F		Kaden Dallin	Timpanogos H	10	---	0-01.00
85-02.00	25.95m F		Steven Reich	Timpanogos H	15	---	---
<b>Event # 33 Female Shot Put Open</b>							
26-00.75	7.94m F		Megan Hutchings	Timpanogos H	3	3	-0-01.25
25-07.50	7.81m F		Jadie Christensen	Timpanogos H	4	2	0-05.00
23-10.00	7.26m F		Cecilee Karns	Timpanogos H	6	---	-0-05.50
23-04.25	7.11m F		Fiona Carter	Timpanogos H	7	---	-1-01.75
<b>Event # 34 Male Shot Put Open</b>							
36-08.00	11.17m F		Hunter Greer	Timpanogos H	3	3	-3-00.50
35-01.00	10.69m F		Seth Trowbridge	Timpanogos H	5	1	-4-01.25
32-08.00	9.95m F		Steven Reich	Timpanogos H	7	---	---
32-07.50	9.94m F		Kaden Dallin	Timpanogos H	8	---	0-10.50