
Meet Results
Region 7 Championships 07-May-14 to 08-May-14**Location: Timpanogos High School**

Mark	Convert	Rnd Name		Age/Yr	Place	Points	Improv
Event # 1 Women 1600m Run Open							
5:12.72		Christensen, Mary	Timpanogos	Jr	1	10	8.50
5:16.12		Bocanegra, Rachel	Timpanogos	Sr	2	8	2.07
5:16.79		Andersen, Bre	Timpanogos	Sr	3	6	1.44
5:34.89		Anderson, Erin	Timpanogos	So	15	---	4.22
5:39.74		Smith, Shannon	Timpanogos	So	19	---	-6.26
6:01.76		Navarrete-Lamas, Julieta	Timpanogos	So	32	---	25.22
7:06.18		Shaw, Annie	Timpanogos	Jr	41	---	-11.55
Event # 2 Men 1600m Run Open							
4:31.00		Mace, Mckay	Timpanogos	Sr	7	2	-1.42
4:34.14		Allsop, Brayden	Timpanogos	Jr	8	1	2.62
4:34.17		Handley, Will	Timpanogos	So	9	---	1.09
4:39.01		Moore, Koy	Timpanogos	Jr	13	---	-1.62
4:44.60		Dayley, Bobby	Timpanogos	Sr	15	---	4.35
4:50.29		Estrada, Marco	Timpanogos	So	18	---	-5.34
5:06.36		Penrod, Taylor	Timpanogos	Jr	31	---	0.48
Event # 3 Women 100m Hurdles Open							
16.12	-0.1	Dewitt, Abby	Timpanogos	Jr	1	10	-0.26
16.17	-0.5	Dewitt, Abby	Timpanogos	Jr	1	---	-0.21
17.96	-0.1	Shimanek, Lindsay	Timpanogos	So	7	2	-0.46
18.18	-0.1	Jensen, Sarah	Timpanogos	So	8	1	-0.41
18.20	+0.0	Shimanek, Lindsay	Timpanogos	So	6	---	-0.22
18.23	-1.5	Jensen, Sarah	Timpanogos	So	7	---	-0.36
19.46	-1.5	Morgan, Hanna	Timpanogos	Sr	12	---	-0.17
20.25	-1.6	Anderson, Taylor	Timpanogos	Sr	18	---	-0.05
21.57	+0.0	Liddell, Haylie	Timpanogos	So	25	---	0.85
Event # 4 Men 110m Hurdles Open							
15.09	-3.0	Best, Chad	Timpanogos	Sr	1	10	0.10
15.23	-0.6	Best, Chad	Timpanogos	Sr	1	---	0.24
16.68	-3.0	Masina, TJ	Timpanogos		4	5	-0.52
17.21	+0.0	Harrison, Gavin	Timpanogos	SO	4	---	-1.75
17.34	+0.0	Masina, TJ	Timpanogos		7	---	0.14
17.49	-3.0	Harrison, Gavin	Timpanogos	SO	7	2	-1.47
Event # 5 Women 100m Dash Open							
12.75	-0.5	Christensen, Jamaica	Timpanogos	Sr	1	10	0.14
12.87	-0.5	Warner, Kami	Timpanogos		3	6	0.22
* 12.97	-0.8	Christensen, Jamaica	Timpanogos	Sr	3	---	0.36
* 12.97	+0.0	Warner, Kami	Timpanogos		3	---	0.32
13.81	+0.0	Earl, Kristine	Timpanogos		14	---	0.08
14.31	+0.0	Boyer, Rebecca	Timpanogos	SO	21	---	-0.14
15.39	-0.8	Hindmarsh, Sarah	Timpanogos	Jr	33	---	0.32
Event # 6 Men 100m Dash Open							
11.58	0.8	Brown, Josh	Timpanogos	Jr	7	---	0.01
* 11.68	0.7	Rutland, Bryce	Timpanogos	Jr	6	3	-0.01

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Event # 6 Men 100m Dash Open								
* 11.68	1.9		Rutland, Bryce	Timpanogos	Jr	8	---	-0.01
11.76	0.7		Brown, Josh	Timpanogos	Jr	8	1	0.19
11.80	2.2		Dean, Sam	Timpanogos	Jr	10	---	0.06
11.91	1.5		Harris, McKay	Timpanogos	So	13	---	-0.41
12.02	2.2		Boyd, McKay	Timpanogos	Jr	18	---	0.27
12.03	0.8		Compton, Josh	Timpanogos	Jr	19	---	-0.05
12.21	1.9		Evelyn, Ryan	Timpanogos		23	---	-0.39
Event # 7 Women 400m Dash Open								
1:01.38			Willardson, Eva	Timpanogos	Sr	3	6	0.67
1:01.40			Christensen, Karen	Timpanogos		2	---	0.61
1:01.48			Willardson, Eva	Timpanogos	Sr	3	---	0.77
1:03.18			Jacobson, Carlie	Timpanogos	So	5	4	-1.04
1:03.82			Christensen, Jamaica	Timpanogos	Sr	6	---	4.68
1:04.03			Jacobson, Carlie	Timpanogos	So	7	---	-0.19
1:06.20			Christensen, Karen	Timpanogos		7	2	5.41
1:06.40			Winder, Savannah	Timpanogos	Jr	13	---	0.08
1:08.37			Freitas, Carli	Timpanogos	Sr	17	---	-2.03
Event # 8 Men 400m Dash Open								
51.02			Webb, Tanner	Timpanogos	Jr	2	8	0.10
52.22			Webb, Tanner	Timpanogos	Jr	1	---	1.30
54.47			Smith, Ben	Timpanogos		9	---	-0.10
55.00			Pinkney, Joe	Timpanogos	Jr	10	---	0.17
58.38			Martial, Levi	Timpanogos	So	15	---	0.43
Event # 9 Women 1600m Sprint Medley Relay Relay Open								
4:25.33	A Relay		Timpanogos			3	6	---
Eva Willardson (Sr)		Rachelle Warner (Sr)	Karen Christensen (0)			Mary Christensen (Jr)		
Event # 10 Men 1600m Sprint Medley Relay Relay Open								
3:40.38	A Relay		Timpanogos			1	10	---
Josh Brown (Jr)		McKay Boyd (Jr)	Brady Sills (SO)			Bo Farrer (Jr)		
Event # 11 Women 300m Hurdles Open								
48.67			Dewitt, Abby	Timpanogos	Jr	4	5	-2.44
49.63			Shimanek, Lindsay	Timpanogos	So	6	3	-0.05
50.24			Shimanek, Lindsay	Timpanogos	So	4	---	0.56
50.53			Jensen, Sarah	Timpanogos	So	7	2	-1.75
52.23			Dewitt, Abby	Timpanogos	Jr	7	---	1.12
53.03			Jensen, Sarah	Timpanogos	So	8	---	0.75
55.16			Morgan, Hanna	Timpanogos	Sr	13	---	0.68
56.49			Anderson, Taylor	Timpanogos	Sr	18	---	-1.75
Event # 12 Men 300m Hurdles Open								
42.59			Earl, Ryan	Timpanogos	Jr	5	4	-0.94
43.09			Harrison, Gavin	Timpanogos	SO	6	3	-1.71
43.93			Harrison, Gavin	Timpanogos	SO	5	---	-0.87
44.31			Earl, Ryan	Timpanogos	Jr	6	---	0.78

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Event # 13 Women 200m Dash Open								
25.93	+0.0		Christensen, Jamaica	Timpanogos	Sr	1	10	0.33
26.57	-0.5		Christensen, Jamaica	Timpanogos	Sr	1	---	0.97
26.62	-1.0		Warner, Kami	Timpanogos		2	---	---
26.83	+0.0		Warner, Kami	Timpanogos		4	5	---
27.86	-0.1		Jacobson, Carlie	Timpanogos	So	10	---	0.65
28.12	-0.9		Willardson, Eva	Timpanogos	Sr	11	---	0.83
28.56	-0.5		Jensen, Sarah	Timpanogos	So	15	---	0.45
30.04	-0.5		Earl, Kristine	Timpanogos		19	---	0.96
31.15	-0.1		Harmon, Jenna	Timpanogos	So	27	---	-0.33
Event # 14 Men 200m Dash Open								
23.40	+0.0		Brown, Josh	Timpanogos	Jr	6	3	0.10
23.43	+0.0		Webb, Tanner	Timpanogos	Jr	7	2	-0.02
23.47	+0.0		Rutland, Bryce	Timpanogos	Jr	8	1	-0.65
23.64	NWI		Rutland, Bryce	Timpanogos	Jr	4	---	-0.48
* 23.77	NWI		Brown, Josh	Timpanogos	Jr	6	---	0.47
* 23.77	NWI		Webb, Tanner	Timpanogos	Jr	6	---	0.32
24.33	NWI		Pinkney, Joe	Timpanogos	Jr	11	---	-0.58
24.40	NWI		Waldron, Brad	Timpanogos	Jr	12	---	-0.17
26.50	NWI		Wooley, Roger	Timpanogos	Jr	29	---	---
Event # 15 Women 3200m Run Open								
11:17.52			Christensen, Mary	Timpanogos	Jr	2	8	14.54
11:18.84			Bocanegra, Rachel	Timpanogos	Sr	3	6	-6.19
11:56.12			Anderson, Erin	Timpanogos	So	11	---	-8.96
12:36.33			Smith, Shannon	Timpanogos	So	17	---	17.35
14:15.15			Doxey, Lindsey	Timpanogos	Jr	30	---	-10.33
14:43.01			Winters, Catherine	Timpanogos	Sr	32	---	---
Event # 16 Men 3200m Run Open								
9:52.56			Handley, Will	Timpanogos	So	5	3.5	-2.41
9:56.26			Allsop, Brayden	Timpanogos	Jr	7	2	8.38
9:56.93			Mace, Mckay	Timpanogos	Sr	8	1	7.68
10:00.27			Moore, Koy	Timpanogos	Jr	9	---	8.56
11:15.93			Liddle, Mike	Timpanogos	Sr	29	---	12.29
11:26.16			Knight, Alex	Timpanogos	So	33	---	4.82
11:49.87			Christiansen, Jeremiah	Timpanogos	So	38	---	-13.12
Event # 17 Women 4x100m Relay Relay Open								
49.78	A Relay			Timpanogos		2	8	---
Carlie Jacobson (So)		Rachelle Warner (Sr)		Kami Warner (0)		Jamaica Christensen (Sr)		
Event # 18 Men 4x100m Relay Relay Open								
44.06	A Relay			Timpanogos		2	8	---
Sam Dean (Jr)		Bryce Rutland (Jr)		Josh Brown (Jr)		Tanner Webb (Jr)		
Event # 19 Women 800m Run Open								
2:20.08			Christensen, Mary	Timpanogos	Jr	2	8	-1.50
2:22.83			Andersen, Bre	Timpanogos	Sr	5	4	-0.19

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Event # 19 Women 800m Run Open								
2:24.16			Bocanegra, Rachel	Timpanogos	Sr	7	2	-1.80
2:33.41			Smith, Shannon	Timpanogos	So	18	---	1.06
2:33.91			Anderson, Erin	Timpanogos	So	20	---	-5.22
2:34.11			Winder, Savannah	Timpanogos	Jr	21	---	1.27
2:39.48			Freitas, Carli	Timpanogos	Sr	26	---	0.40
Event # 20 Men 800m Run Open								
1:58.27			Farrer, Bo	Timpanogos	Jr	3	6	-2.29
2:04.41			Dayley, Bobby	Timpanogos	Sr	12	---	-0.90
2:06.98			Mace, Mckay	Timpanogos	Sr	15	---	-4.10
2:11.97			Terry, Riker	Timpanogos	Jr	25	---	-1.50
2:18.41			Liddle, Jacob	Timpanogos	So	32	---	-15.13
2:18.69			Haag-Roeger, Riley	Timpanogos	Jr	33	---	-10.63
2:24.61			Male, Justin	Timpanogos	Jr	41	---	-17.34
Event # 21 Women 4x400m Relay Relay Open								
4:15.53	A Relay			Timpanogos		5	4	---
Eva Willardson (Sr)		Bre Andersen (Sr)		Karen Christensen (0)		Carlie Jacobson (So)		
Event # 22 Men 4x400m Relay Relay Open								
3:34.90	A Relay			Timpanogos		2	8	---
Bo Farrer (Jr)		Tanner Webb (Jr)		Ben Smith (0)		Joe Pinkney (Jr)		
Event # 25 Women High Jump Open								
NH			Avery, Allison	Timpanogos	Jr	---	---	---
Event # 26 Men High Jump Open								
6-01.00	1.85m		Best, Chad	Timpanogos	Sr	1	10	-0-02.25
5-11.00	1.80m		Masina, TJ	Timpanogos		4	5	---
5-07.00	1.70m		Jenkinson, Will	Timpanogos	So	9	---	-0-02.00
5-05.00	1.65m		Meeves, Brandon	Timpanogos	JR	12	---	0-00.00
5-03.00	1.60m		Earl, Ryan	Timpanogos	Jr	17	---	-0-03.00
Event # 27 Women Long Jump Open								
* 15-10.00	+0.0	4.82m	Reynolds, Natalie	Timpanogos	JR	3	---	0-09.50
* 15-10.00	+0.0	4.82m	Reynolds, Natalie	Timpanogos	JR	4	5	0-09.50
* 15-09.50	0.7	4.81m	Earl, Kristine	Timpanogos		5	4	0-11.50
* 15-09.50	0.7	4.81m	Earl, Kristine	Timpanogos		4	---	0-11.50
14-01.00	+0.0	4.29m	Jensen, Sarah	Timpanogos	So	19	---	0-02.50
* ND			Boyer, Rebecca	Timpanogos	SO	---	---	---
* ND			Winder, Savannah	Timpanogos	Jr	---	---	---
Event # 28 Men Long Jump Open								
* 21-02.50	0.7	6.46m	Best, Chad	Timpanogos	Sr	2	8	-0-00.25
* 21-02.50	0.7	6.46m	Best, Chad	Timpanogos	Sr	2	---	-0-00.25
* 19-10.25	+0.0	6.05m	Rutland, Bryce	Timpanogos	Jr	6	3	1-00.25
* 19-10.25	+0.0	6.05m	Rutland, Bryce	Timpanogos	Jr	6	---	1-00.25
* 19-08.25	0.6	6.00m	Harris, McKay	Timpanogos	So	7	2	0-10.75
* 19-08.25	0.6	6.00m	Harris, McKay	Timpanogos	So	7	---	0-10.75

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Event # 28 Men Long Jump Open								
* 19-04.75	2.1	5.91m	Evelyn, Ryan	Timpanogos		9	---	1-02.00
* 19-04.75	2.1	5.91m	Evelyn, Ryan	Timpanogos		8	---	1-02.00
19-01.50	+0.0	5.82m	Earl, Ryan	Timpanogos	Jr	11	---	0-11.00
* ND			Sills, Brady	Timpanogos	SO	---	---	---
* ND			Yarro, Nick	Timpanogos	Jr	---	---	---
Event # 29 Women Discus Open								
65-05.00		19.93m	Reynolds, Hannah	Timpanogos	Fr	20	---	---
56-00.00		17.06m	Glenn, Margie	Timpanogos	So	27	---	---
Event # 30 Men Discus Open								
* 108-00.00		32.91m	Kelsey, Mark	Timpanogos	Jr	5	4	-11-00.00
* 108-00.00		32.91m	Kelsey, Mark	Timpanogos	Jr	5	---	-11-00.00
* ND			Hurst, David	Timpanogos		---	---	---
* ND			Miller, Cory	Timpanogos	SR	---	---	---
Event # 31 Women Javelin Open								
* 95-08.00		29.15m	Reynolds, Natalie	Timpanogos	JR	2	8	-20-08.00
* 95-08.00		29.15m	Reynolds, Natalie	Timpanogos	JR	2	---	-20-08.00
73-07.00		22.42m	Winder, Savannah	Timpanogos	Jr	12	---	-0-07.00
Event # 32 Men Javelin Open								
141-07.00		43.15m	Hurst, David	Timpanogos		4	5	-10-04.00
140-06.00		42.82m	Masina, TJ	Timpanogos		5	4	16-08.00
137-05.50		41.89m	Hurst, David	Timpanogos		3	---	-14-05.50
134-01.00		40.86m	Masina, TJ	Timpanogos		4	---	10-03.00
103-00.00		31.39m	Hansen, Jordan	Timpanogos		18	---	19-00.00
91-07.00		27.91m	Sorensen, Kenny	Timpanogos	SR	26	---	-34-11.00
* ND			Ivie, Ben	Timpanogos	Jr	---	---	---
* ND			Jensen, Jacob	Timpanogos	Sr	---	---	---
* ND			Porter, Kaden	Timpanogos	So	---	---	---
Event # 33 Women Shot Put Open								
* 32-05.50		9.89m	Glenn, Margie	Timpanogos	So	3	6	---
* 32-05.50		9.89m	Glenn, Margie	Timpanogos	So	3	---	---
21-07.50		6.59m	Reynolds, Hannah	Timpanogos	Fr	20	---	---
Event # 34 Men Shot Put Open								
43-08.00		13.31m	Tu'avao, Filo	Timpanogos		4	5	3-11.00
42-10.00		13.05m	Hurst, David	Timpanogos		6	3	0-06.00
42-01.50		12.84m	Kelsey, Mark	Timpanogos	Jr	7	2	-1-03.50
41-00.00		12.49m	Hurst, David	Timpanogos		5	---	-1-04.00
40-11.50		12.48m	Sorensen, Kenny	Timpanogos	SR	8	1	1-11.50
40-06.00		12.34m	Kelsey, Mark	Timpanogos	Jr	6	---	-2-11.00
40-03.25		12.27m	Sorensen, Kenny	Timpanogos	SR	7	---	1-03.25
39-01.50		11.92m	Tu'avao, Filo	Timpanogos		8	---	-0-07.50
29-06.75		9.01m	Miller, Cory	Timpanogos	SR	29	---	-1-00.25
* ND			Hansen, Jordan	Timpanogos		---	---	---
* ND			McDowell, Jermey	Timpanogos	Jr	---	---	---