The Region 8 Championships Saturday, Oct. 8th. at Springville HS (1205 E. 900 S. - Springville)

Girls JV will run at 9:00am Boys JV at 9:30am. Girls Varsity at 10:00am Boys Varsity at 10:30am.

The course is approx. 2.96 miles of grass, asphalt and dirt trails. Spikes are not recommended.