# 26th Annual Pine View Invitational

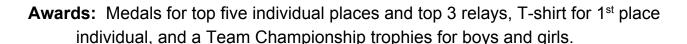
TRACK & FIELI

**Date:** Friday, March 24th 1:00 p.m.

Saturday, March 25th 9:00 a.m.

Who: All 1A-5A track teams

**Where:** Pine View High School – St. George, Utah



**Registration & Cost:** Teams may enter up to 55 entries (per gender) and 1 relay team per relay (per gender). Teams may use an unlimited number of entries per event (with the exception of 1600 and 3200 which have time limits). DO NOT enter more than 55 entries even though the system may allow it.

- \$100 per team (with 41-55 entries) \$200 for both genders
- \$75 per team (with 21-40 entries) \$150 for both genders
- \$50 per team (with 10-20 entries) \$100 for both genders
- Or \$5.00 per athlete

<<Payment options: Bring Check to meet / Online at myschoolfees.com (instructions on next page) >>>

## Registration <u>Due Wednesday March 22nd, 8:00 pm -- No exceptions</u>

Registration will be online at www.runnercard.com; please submit current times for the 800, 1600, 3200 (Coaches MUST submit legitimate 2017 times – please use these maximum time guidelines for registering 3200 runners: boys-11:30; girls-14:00 - athletes with no times or those above the guidelines will be removed from the meet).

E-mail or call us with any questions:

david.holt@washk12.org 435-628-5255 teresa.peterson@washk12.org 435-628-5255

\*Each team will be allowed one entry per relay **myschoolfees.com instructions**:

Go to website, myschoolfees.com, and register to create a login.

After logging in, select the school "UT-WASHINGTON-PINE VIEW HIGH SCHOOL"

Then select "Public Items"

And "Track"

Finally, on the right hand side will be the various costs. Select the appropriate cost and submit your payment.

- \$200 for both genders (with 41-55 entries per gender)
- \$150 for both genders (with 21-40 entries per gender)
- \$100 per team (with 41-55 entries) -or- \$100 for both genders (with 10-20 entries per gender)
- \$75 per team (with 21-40 entries)
- \$50 per team (with 10-20 entries)
- \$5.00 per athlete

**Pine View Invitational 2017** 

#### **Schedule of Events**

## Friday March 24th - 1:00 pm

Boys will follow girls in all running events except in the distance events (800,1600,3200) where girls' seeded will run first followed by boys' seeded; then remaining girls' heats and remaining boys' heats in fast-slow order.

Field events will all begin at 1:00p on Friday and 9:00a on Saturday. First mark will be measured for everyone. On the following attempts, minimum standards will be adhered to.

#### **RUNNING EVENTS**

#### FIELD EVENTS

1600 Meter Finals

Seeded Girls, Seeded Boys, Open Girls (fast to slow), Open Boys (fast to slow)

100 Hurdles Girls Discus (min 70')

110 Hurdles Girls Long Jump (min 12')

100 Meter Boys Javelin (min 120')
400 Meter Boys Shot Put (min 35')

300 Hurdles Boys High Jump (start at 5'2")

200 Meter

4 x 800 relay Finals

## Saturday March 25th - 9:00 am

(All Finals)

3200 Meters

Seeded Girls, Seeded Boys, Open Girls (fast to slow), Open Boys (fast to slow)

100 Hurdles Girls Shot Put (min 25')

110 Hurdles Girls High Jump (start at 4'2")

100 Meter Girls Javelin (min 70')

400 Meter Relay Boys Discus (min 100')

400 Meter Boys Long Jump (min 16')

300 Hurdles

800 Meters

Seeded Girls, Seeded Boys, Open Girls (fast to slow), Open Boys (fast to slow)

Medley Relay

200 Meter

1600 Meter Relay

<sup>\*</sup> Be advised we will not be contesting the pole vault at all.