Timpanogos Track and Field
Pine View Invitational
March 25, 26

Friday

6:15 am Load Bus in Back by Track: **Participation Fee and $60 for Hotel rooms and Bus**

6:30 am Leave for St. George **Need to be paid before getting on to the bus.**

11:00 am Lunch in St. George

12:00 pm Pine View High School 2850 E 750 N St. George, UT (435) 628-5255

1:00 pm Track meet starts Long Jump starts 2:00 pm Field events start at 4:00 pm

TRIALS (GIRLS RUN FIRST THEN BOYS)	FIELD EVENTS
1600 M FINAL	Girls JAVELIN
100 M HURDLES GIRLS	Boys SHOT
110 M HURDLES BOYS	Girls LONG JUMP
100 M	Girls DISCUS
400 M	Boys HIGH JUMP
300 M HURDLES	
200 M	
4X800 Relay	

7:30 pm Drive to Hotel, Check in Day's Inn

8:00 pm Dinner 150 N 1000 E
St George, UT 84770, (435) 673-6123

9:30 pm Team Meeting

10:30 pm Lights Out

Saturday

7:00 am Wake up Call

7:45 am Load Bus

8:00 am Leave for Pine View High

8:10 am Arrive Pine View High School

9:00 am Track meet starts

Finals	Field Events
3200 M	
100 M HURDLES GIRLS	Girls HIGH JUMP
110 M HURDLES BOYS	Boys DISCUS
100 M	Boys LONG JUMP
400 M RELAY	Girls SHOT
400 M	Boys JAVELIN
300 M HURDLES	
800 M	
1600 M MEDLEY RELAY	
200 M	
1600 M RELAY	

4:00 pm Leave for Timpanogos

4:00 pm Lunch/Dinner

9:00 pm Arrive at Timpanogos

Make sure to bring extra money for food and snacks. Be prepared for rain, bring extra clothes to change into after the meet.