

Highland Invitational Cross Country Meet  
2014 Info Sheet

Where: Sugar House Park (1300 East 2100 South)

Date: Thursday, August 21st, 2014

Race Times:

Frosh.Soph Boys	-	4:00 pm
Frosh/Soph Girls	-	4:25 pm
Junior Varsity Boys	-	4:50 pm
Junior Varsity Girls	-	5:15 pm
Varsity Boys	-	5:45 pm
Varsity Girls		6:10 pm
Awards Ceremony		6:30 pm

Course: The course winds through Sugar House Park and follows the state course part of the way. Distance is 2.9 miles and although it crosses some parking lot entry ways, it doesn't cross the roadway. Most of the course is on a grass surface.

Registration:

Registration will be on [runnercard.com](http://runnercard.com) and will close at noon on Wednesday, August 20th. If you already have a team account simply click "start registration" and follow the directions on the screen. If you are a new coach or don't have an account click "create account" and follow the directions given.

Entry fee of \$75 per boys and girls teams, \$150 total per school. Any school that enters 10 runners or less total in all classifications will pay one entry fee of \$75. Any school entering more than 75 athletes will pay \$5 per athlete over 75. Any late entrants will be charged \$5 per athlete. Please make checks payable to Highland High School and bring day of the meet or mail prior to meet.

Awards: Trophies will be awarded to the top two teams in the Boys and Girls Varsity Divisions and plaques to the top JV teams in each division. Individual medals will be awarded to the top fifteen varsity and junior varsity runners and ribbons to the top fifteen Frosh/Soph runners. Varsity and Junior Varsity team awards and individual varsity awards will be presented at the Awards Ceremony. All JV and Frosh/Soph individual awards will be placed in team packets to be picked up before leaving the meet.

Bus Parking: Buses can be parked on the right side of the roadway within the park. Overflow parking is available at Highland High School parking lot just east of Sugar House Park. Parking lot entrance is on 2100 South. It's a short walk to the park from there.

Contact Info for Questions or to mail entry fees:

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