

**Timpanogos High School
Track & Field 2011 Goals Survey**

Name: _____ Grade: _____ Events: _____

What other clubs/activities are you currently involved in:

What are your goals for this Track Season, (athletically and academically)?

In what way do you feel your coaches can help you achieve these goals?

What are your goals for your High School Career (athletically and academically)?

What are your future goals for after High School (College plans/career/competing...)?

Do you have a favorite quote or thought that helps you to relax or be motivated before a competition?
What is it?

Anything else that you feel we should know that will benefit our Coach/Athlete relationship: