

BOYS TOP TEN LIST

HIGHLAND INVITE 2.9 miles					SCERA PARK (new course)3.0 miles				
	Name	Year	Time	Grade		Name	Year	Time	Grade
1	Joe Benson	2016	14:39.60	SR	1	Will Handley	2015	14:39.60	SR
2	Will Handley	2015	14:54.00	SR	2	Joe Benson	2015	14:52.30	JR
3	Brennan Benson	2016	14:55.50	JR	3	Gab Prettypaint	2015	14:57.4	SR
4	Ben Berlin	2016	15:09.30	JR	4	Spencer Robinson	2017	15:09.5	SR
5	Brayden Allsop	2014	15:15.90	SR	4	Brennan Benson	2017	15:12.80	SR
6	Koy Moore	2014	15:19.90	SR	6	Brayden Allsop	2014	15:13.70	SR
7	McKay Mace	2013	15:37.00	SR	7	Koy Moore	2014	15:15.30	SR
8	Bo Farrer	2014	15:37.40	SR	8	Ben Berlin	2017	15:17.60	SR
9	Tyler Weber	2017	15:44.90	SR	9	Bo Farrer	2014	15:22.80	SR
10	Tony Ortiz	2017	15:49.80	SR	10	Jake Heslington	2010	15:30.90	SO
UTAH COUNTY (Lakeside) 3.1 miles					MURRAY INVITE 3.0 miles (new course)				
	Name	Year	Time	Grade		Name	Year	Time	Grade
1	Jake Heslington	2012	14:59.34	SR	1	Brennan Benson	2017	15:10.00	SR
2	Will Handley	2015	15:07.71	SR	2	Ben Berlin	2017	15:23.00	SR
3	Joe Benson	2016	15:12.78	SR	3	Kolten Bramall	2017	15:33.00	SR
4	Brennan Benson	2017	15:21.40	SR	4	Tony Ortiz	2017	15:43.00	SR
5	Ben Berlin	2017	15:28.00	SR	5	Spencer Robinson	2017	15:47.00	SR
6	Bo Farrer	2014	15:36.50	SR	6	Tyler Weber	2017	15:53.00	SR
7	Koy Moore	2014	15:38.02	SR	7	Clyn Hansen	2017	16:22.00	SO
8	Kolten Bramall	2017	15:39.2	SR	8	Tre Baca	2017	16:23.00	SO
9	Gab Prettypaint	2015	15:42.2	SR	9	Isaiah Nimmer	2017	16:25.00	SR
10	McKay Mace	2012	15:50.65	JR	10	Isaac Berlin	2017	16:29.00	FR
BYU INVITE (East Bay) 3.0 miles					BOB FIRMAN (Boise, ID) 3.1 miles				
	Name	Year	Time	Grade		Name	Year	Time	Grade
1	Kaleb Paulsen	2017	16:17.90	JR	1	Will Handley	2015	15:17.30	SR
2	Clyn Hansen	2017	16:24.00	SO	2	Jake Heslington	2012	15:26.70	SR
3	Ryan Howell	2017	16:35.00	JR	3	Brennan Benson	2017	15:27.40	SR
4	Isaac Berlin	2017	16:52.70	FR	4	Ben Berlin	2017	15:40.50	SR
5	Mike Bills	2007	16:57.0	SR	5	Joe Benson	2015	15:41.10	JR
6	Tre Baca	2017	17:04.80	SO	6	Bo Farrer	2014	15:50.60	SR
7	Colin Christensen	2017	17:05.20	JR	7	Koy Moore	2014	15:55.30	SR
8	Matt Liddle	2007	17:05.7	SO	8	Spencer Robinson	2017	15:56.30	SR
9	Matt Reeves	2006	17:09.2	SR	9	Kolten Bramall	2017	15:58.50	SR
10	Derek Bonney	2017	17:17.90	SR	10	Brayden Allsop	2014	16:11.70	SR
STATE (SUGARHOUSE) 3.0 miles					PRE-FOOTLOCKER AF 3.1 miles				
	Name	Year	Time	Grade		Name	Year	Time	Grade
1	Joe Benson	2016	15:03.30	SR	1	Will Handley	2015	15:39.00	SR
2	Will Handley	2015	15:03.90	SR	2	Joe Benson	2016	15:52.00	SR
3	Jake Heslington	2012	15:06.90	SR	3	Brennan Benson	2016	16:11.00	JR
4	Brennan Benson	2016	15:25.90	JR	4	Ben Berlin	2017	16:14.00	SR
5	Ben Berlin	2017	15:37.40	SR	5	Gab Prettypaint	2015	16:26.00	SR
6	Gab Prettypaint	2015	15:43.70	SR	6	Spencer Robinson	2017	16:31.00	SR
7	Koy Moore	2014	15:48.10	SR	7	Tony Ortiz	2016	16:36.00	JR
8	Spencer Robinson	2016	16:02.60	JR	8	Kolten Bramall	2017	16:42.00	SR
9	Bo Farrer	2014	16:02.10	SR	9	JT Gardner	2016	16:46.00	SR
10	Cameron Benson	2015	16:03.40	SR	10	Cameron Benson	2015	16:47.00	SR

NIKE SW REGIONALS(Casa Course)3.1 miles

	Name	Year	Time	Grade
1	Will Handley	2015	15:08.00	SR
2	Joe Benson	2015	15:11.00	JR
3	Ben Berlin	2017	15:27.00	SR
4	Brennan Benson	2017	15:30.00	SR
5	Gab Prettypaint	2015	15:36.00	SR
6	Bo Farrer	2014	15:37.60	SR
7	Koy Moore	2014	15:39.20	SR
8	Cameron Benson	2015	15:41.00	SR
9	Spencer Robinson	2017	15:45.00	SR
10	Brayden Allsop	2014	15:56.70	SR

Nike Cross Nationals 3.1 Miles

	Name	Year	Time	Grade
1	Joe Benson	2015	15:26.40	JR
2	Will Handley	2015	15:33.20	SR
3	Gab Prettypaint	2015	15:59.90	SR
4	Ben Berlin	2015	16:12.00	SR
5	Koy Moore	2014	16:20	SR
6	Cameron Benson	2015	16:24.80	SR
7	Bo Farrer	2014	16:26	SR
8	Brennan Benson	2015	16:32.60	SO
9	Elijah Nimmer	2015	16:38.60	SR
10	Brayden Allsop	2014	16:39	SR

FOOTLOCKER 3.1 miles

	Name	Year	Time	Grade
1	Jake Heslington	2012	16:16	JR
2	Matt Liddle	2009	16:37	SR
3	Jake Berlin	2009	16:55	JR
4	Chris Reynolds	2009	16:58	SR
5	Spencer Baker	2009	17:08	SR
6	Tate Jackman	2011	17:19	SR
7	JT Gardner	2015	17:23.40	JR
8	Spencer Robinson	2015	17:23.80	SO
9	Andrew Terry	2009	17:24	SR
10	Colten Henrie	2009	17:26	SR

SPRINGVILLE 3.0 miles

	Name	Year	Time	Grade
1	Jake Heslington	2011	15:19	JR
2	Tate Jackman	2011	15:46	SR
3	Nate Widmer	2011	16:12	JR
4	Zane Pederson	2011	16:16	JR
5	JT Gardner	2016	16:18	SR
6	Spencer Robinson	2016	16:21	JR
7	Taylor Liddell	2011	16:23	JR
8	Ian Berlin	2011	16:37.30	SO
9	Ammon Nimmer	2011	16:37.90	SO
10	Chase Jackman	2011	16:38	SO

WASATCH INVITE 3.1 miles

	Name	Year	Time	Grade
1	Jake Heslington	2011	16:29	JR
2	Brennan Benson	2016	17:08.40	JR
3	Ben Berlin	2016	17:20.90	JR
4	Kolten Bramall	2016	17:34.44	JR
5	Zane Pederson	2011	17:43	JR
6	Tony Ortiz	2016	17:44.02	JR
7	JT Gardner	2016	17:45.91	SR
8	Bryce Hugh	2016	17:48.22	JR
9	McKay Mace	2011	18:00	SO
10	Chase Jackman	2011	18:03	SO

Nike Portland XC 3.1 miles

	Name	Year	Time	Grade
1	Joe Benson	2016	14:54.16	SR
2	Brennan Benson	2016	15:41.42	JR
3	Ben Berlin	2016	15:50.10	JR
4	Spencer Robinson	2016	15:56.91	JR
5	Tony Ortiz	2016	16:06.19	JR
6	JT Gardner	2016	16:24.26	SR
7	Kolten Bramall	2016	16:31.16	JR
8	Tyler Weber	2016	16:40.67	JR
9	Isaiah Nimmer	2016	16:41.47	JR
10	Bryce Hugh	2016	16:45.93	JR

Valley Regional Park Region 3.0 miles

	Name	Year	Time	Grade
1	Joe Benson	2016	14:46.90	SR
2	Brennan Benson	2016	15:17.30	JR
3	Tony Ortiz	2016	15:32.00	JR
4	Spencer Robinson	2016	15:38.20	JR
5	JT Gardner	2016	15:40.00	SR
6	Ben Berlin	2016	15:44.60	JR
7	Kolten Bramall	2016	15:49.20	JR
8	Tyler Weber	2016	16:03.80	JR
9	Bryce Hugh	2016	16:03.40	JR
10	Isaiah Nimmer	2016	16:05.50	JR

TIMPVIEW INVITE 3.0 miles

	Name	Year	Time	Grade
1	Gab Prettypaint	2015	15:59.00	SR
2	Ben Berlin	2015	16:20.00	SO
3	Brennan Benson	2015	16:25.00	SO
4	Spencer Robinson	2015	16:47.00	SO
5	Taylor Murphy	2015	17:05.00	JR
6	Alex Knight	2015	17:12.00	SR
7	JT Gardner	2015	17:15.00	JR
8	Kenen Goodwin	2015	17:30.00	SR
9	Brigham Knudsen	2015	17:33.00	JR
10	Isaiah Nimmer	2015	17:34.00	SO
10	Mitchell Hutchins	2015	17:34.00	JR

Provo (Rock Canyon Course) 3.1 miles					WAHSATCH INVITE (Soldier Hollow) 3.3 miles				
	Name	Year	Time	Grade		Name	Year	Time	Grade
1	Elijah Nimmer	2014	17:55.39	JR	1	Jake Berlin	2008	19:24	JR
2	Ben Berlin	2014	18:43.13	FR	2	Spencer Baker	2008	19:34	JR
3	Alex Knight	2014	18:43.59	JR	3	Chris Reynolds	2008	19:43	JR
4	Riley Haag-Roeger	2014	19:12.04	SR	4	Matt Liddle	2008	19:54	JR
5	Taylor Penrod	2014	19:26.64	SR	5	Jason Hodson	2008	20:03	SR
6	Brennan Benson	2014	19:34.38	FR	6	Austin Liddell	2008	20:14	SR
7	Brigham Knudsen	2014	19:38.73	SO	7	Andrew Terry	2008	20:18	JR
8	Jacob Liddle	2014	19:45.91	JR	8	James Gibson	2008	20:19	JR
9	Riker Terry	2014	19:49.26	SR	9	Matt Kresge	2008	20:20	SR
10	Ryan Evelyn	2014	19:49.86	JR	10	Dane Smith	2008	20:43	SR
UTAH COUNTY (Lakeside) 3.1 miles old					SCERA PARK 2.9 miles (old course)				
	Name	Year	Time	Grade		Name	Year	Time	Grade
1	Jake Heslington	2011	15:30.56	JR	1	Lance Smith	2004	14:44	SR
2	Zane Pedersen	2011	16:29.68	JR	2	Mike Bills	2007	15:07	SR
3	Tate Jackman	2011	16:35.99	SR	3	Matt Reeves	2004	15:16	SO
4	Taylor Liddell	2011	16:40.15	JR	3	Jon Oliver	2004	15:16	JR
5	McKay Mace	2011	16:56.80	SO	5	Jake Berlin	2007	15:22	SO
6	Ian Berlin	2011	17:01.63	SO	6	Mitch Hall	2004	15:30	SR
7	Chase Jackman	2011	17:02.47	SO	7	Chris Bringhurst	2004	15:35	JR
8	Ammon Nimmer	2011	17:10.04	SO	8	Christian Hunt	2004	15:44	JR
9	Nate Widmer	2011	17:17.37	JR	9	Alex Johnson	2004	15:54	SR
10	Kline Tate	2011	17:22.28	JR	10	Brandon Davies	2007	15:55	SR
PREMIER/TOELE INVITE 2.8 miles					UVU Kiwanis INVITE 3.1 miles				
	Name	Year	Time	Grade		Name	Year	Time	Grade
1	Joe Benson	2016	14:49.40	SR	1	Mike Bills	2007	16:36	SR
2	Ben Berlin	2016	14:54.70	JR	2	Matt Liddle	2008	16:53	JR
3	Will Handley	2015	15:00.90	SR	3	Jake Berlin	2007	16:54	SO
4	Jake Heslington	2012	15:03.00	SR	4	Matt Reeves	2005	17:00	JR
5	Koy Moore	2014	15:13.80	SR	5	Brent Young	2005	17:11	JR
6	Bo Farrer	2014	15:19.60	SR	6	Spencer Baker	2008	17:27	JR
7	Brennan Benson	2016	15:27.30	JR	7	Christian Hunt	2005	17:29	SR
8	Brayden Allsop	2014	15:28.30	SR	8	Lance Smith	2003	17:29	JR
9	McKay Mace	2012	15:32.00	JR	9	Brandon Davies	2007	17:33	SR
10	Tony Ortiz	2016	15:43.40	JR	10	Jason Hodson	2007	17:41	JR
PLEASANT GROVE 3.1 miles upper course					MURRAY PARK 3.1 miles				
	Name	Year	Time	Grade		Name	Year	Time	Grade
1	Matt Liddle	2008	16:12	JR	1	Jake Berlin	2009	16:30.4	SR
2	Jake Berlin	2008	16:39	JR	2	Matt Liddle	2009	16:36.0	SR
3	Spencer Baker	2008	17:12	JR	3	Chris Reynolds	2008	16:51.7	SR
4	Chris Reynolds	2008	17:16	JR	4	Travis Thurston	2001	16:54	SR
5	Jason Hodson	2008	17:24	SR	5	Mike Bills	2007	16:56	SR
6	Colten Henrie	2008	17:29	JR	6	Spencer Baker	2008	17:10	JR
7	Austin Liddell	2008	17:31	SR	7	Colten Henrie	2009	17:24.2	SR
8	Dane Smith	2008	17:41	SR	8	Brent Young	2006	17:26.2	SR
9	Trevor Harmon	2008	17:51	SR	9	Lance Smith	2004	17:26.7	SR
10	James Gibson	2008	18:10	SR	10	Dane Smith	2008	17:31	SR

LONE PEAK (Westmore ES) 3.0 Mile				
	Name	Year	Time	Grade
1	Matt Reeves	2006	16:11	SR
2	Brent Young	2006	16:36	SR
3	Dane Smith	2006	17:37	SO
4	Jake Berlin	2006	17:54	FR
5	Mike Mace	2006	18:01	SO
6	Brandon Davies	2006	18:16	JR
7	Justin Benson	2006	18:27	SR
8	Davey Runnells	2006	18:29	SO
9	Sean Aaron	2006	18:37	JR
10	James Gibson	2006	18:41	SO

BYU INVITE (Cascade) 3.1 miles				
	Name	Year	Time	Grade
1	Lance Smith	2004	17:03	SR
2	Chris Bringhurst	2005	17:21	SR
3	Matt Reeves	2005	17:30	JR
4	Brent Young	2005	17:37	JR
5	Christian Hunt	2004	17:51	JR
6	Jason Manookin	2003	17:54	SR
7	Jon Oliver	2005	18:02	SR
8	Mitch Hall	2003	18:05	JR
9	Alex Johnson	2003	18:30	JR
10	Brent Bullock	2003	18:40	SO

PLEASANT GROVE 3.0 miles old course				
	Name	Year	Time	Grade
1	Matt Reeves	2006	16:35	SR
2	Chris Bringhurst	2004	16:52	JR
3	Brent Young	2006	16:59	JR
3	Lance Smith	2003	16:59	JR
5	Rob Clegg	2002	17:00	SR
6	Travis Thurston	2001	17:03	SR
7	Jon Oliver	2004	17:20	JR
8	Christian Hunt	2004	17:27	JR
9	Jake Berlin	2006	17:44	FR
10	Dane Smith	2006	17:47	SO

MURRAY PARK 2.9 miles (modified course)				
	Name	Year	Time	Grade
1	Jake Heslington	2010	15:34.10	SO
2	Zane Pedersen	2010	16:59.50	SO
3	Tate Jackman	2010	17:02.30	JR
4	Tanner Young	2010	17:03.30	SR
5	Winston Farley	2010	17:33.50	SO
6	Ian Berlin	2010	17:41.90	FR
7	Ben Cheney	2010	17:44.40	JR
8	Josh Purser	2010	17:50.60	SR
9	Taylor Liddell	2010	17:53.30	SO
10	McKay Mace	2010	17:56.60	FR

AF GRASS RELAYS 2.0 miles				
	Name	Year	Time	Grade
1	Will Handley	2015	9:57	SR
1	Jake Heslington	2012	9:57	SR
3	Joe Benson	2015	10:09	JR
4	Brennan Benson	2015	10:29	SO
5	Gab Prettypaint	2015	10:31	SR
6	McKay Mace	2012	10:33	JR
7	Jake Berlin	2009	10:37	SR
8	Elijah Nimmer	2015	10:39	SR
9	Cameron Benson	2015	10:42	SR
10	Matt Reeves	2006	10:43	SR

Cougar Challenge (Kearns) 3.1 miles				
	Name	Year	Time	Grade
1	Jake Heslington	2011	17:52.76	JR
2	Zane Pederson	2011	18:30.91	JR
3	Taylor Liddell	2011	19:00.05	JR
4	Tate Jackman	2011	19:08.25	SR
5	Ian Berlin	2011	19:10.71	SO
6	McKay Mace	2011	19:27.41	SO
7	Ammon Nimmer	2011	19:51.19	SO
8	Kline Tate	2011	19:51.61	JR
9	Chase Jackman	2011	19:57.31	SO
10	Nate Widmer	2011	20:03.52	JR

SPANISH FORK 3.0 miles				
	Name	Year	Time	Grade
1	Matt Reeves	2005	16:12	JR
2	Mike Bills	2007	16:34	SR
3	Jake Berlin	2007	16:42	SO
4	Christian Hunt	2005	16:43.6	SR
5	Chris Bringhurst	2005	16:43.7	SR
6	Jon Oliver	2004	17:00	JR
7	Brent Young	2005	17:00.6	JR
8	Matt Liddle	2007	17:06	JR
9	Brandon Davies	2007	17:38	SR
10	Trevor Smith	2005	17:46	SR

KIWANIS PARK COURSE (Provo) 3.1 miles				
	Name	Year	Time	Grade
1	Jake Heslington	2012	15:23	SR
2	Taylor Liddell	2012	15:55	SR
3	McKay Mace	2012	16:09	JR
4	Chase Jackman	2012	16:29	JR
5	Ian Berlin	2012	16:33	JR
6	Ammon Nimmer	2012	16:37	JR
7	Zane Pedersen	2012	16:41	SR
8	Chris Webb	2012	16:53	JR
9	Koy Moore	2012	16:54	SO
10	Taylor Benson	2012	17:12	JR

Parowan Brian Head 3.1 miles				
	Name	Year	Time	Grade
1	Koy Moore	2014	18:19.00	SR
2	Bo Farrer	2014	18:41.00	SR
3	Joe Benson	2014	18:45.00	SO
4	Cameron Benson	2014	19:07.00	SR
5	Will Handley	2014	19:09.00	JR
6	Brayden Allsop	2014	19:24.00	SR
7	Elijah Nimmer	2014	20:06.00	JR
8	Kenan Goodwin	2014	20:23.00	JR
9	Alex Knight	2014	20:39.00	JR
10	Riley Haag-Roeger	2014	21:06.00	SR

BYU INVITE 3.1 miles (BYU Course)				
	Name	Year	Time	Grade
1	Jake Heslington	2012	16:08.5	SR
2	Jake Berlin	2009	16:30.3	SR
3	Matt Liddle	2009	16:42.3	SR
4	McKay Mace	2012	16:53.10	JR
5	Chris Reynolds	2009	17:03.50	SR
6	Taylor Liddell	2012	17:14.30	SR
7	Ammon Nimmer	2012	17:24.50	JR
8	Spencer Baker	2009	17:25.6	SR
9	Ian Berlin	2012	17:28.70	JR
10	Zane Pedersen	2012	17:35.70	SR

Herriman Invite 3.1 miles				
	Name	Year	Time	Grade
1	McKay Mace	2013	18:30.00	SR
2	Koy Moore	2013	18:52.00	JR
3	Ammon Nimmer	2013	18:54.00	SR
4	Joe Benson	2013	19:06.00	FR
5	Taylor Benson	2013	19:24.00	SR
5	Bo Farrer	2013	19:24.00	JR
7	Ian Berlin	2013	19:30.00	SR
8	Chase Jackman	2013	19:41.00	SR
9	Cameron Benson	2013	19:47.00	SO
10	Brayden Allsop	2013	20:12.00	JR
10	Bobby Dayley	2013	20:12.00	SR

PARK CITY 3.0 miles				
	Name	Year	Time	Grade
1	Jake Heslington	2011	15:45.50	JR
2	Jake Berlin	2009	15:50.7	SR
3	Matt Liddle	2009	15:53.5	SR
4	Ammon Nimmer	2013	16:10.00	SR
5	McKay Mace	2013	16:10.30	SR
6	Bo Farrer	2013	16:27.20	JR
7	Cameron Benson	2013	16:30.70	SO
8	Joe Benson	2013	16:33.20	FR
9	Elijah Nimmer	2014	16:35.6	JR
10	Chase Jackman	2012	16:37.10	JR

NIKE SW REGIONALS(old G Course)3.1 miles				
	Name	Year	Time	Grade
1	Jake Heslington	2012	14:58.82	SR
2	McKay Mace	2012	16:19.56	JR
3	Joe Benson	2013	16:20.02	FR
4	Tate Jackman	2011	16:20.88	SR
5	Zane Pedersen	2012	16:25.22	SR
6	Taylor Liddell	2012	16:28.70	SR
7	Bo Farrer	2013	16:32.82	JR
8	Koy Moore	2013	16:36.39	JR
9	Ian Berlin	2012	16:36.58	JR
10	Will Handley	2013	16:36.9	SO

