

Lone Peak and Timpanogos @ AMerican Fork
April 24th, 2013. 65 degrees, sunny, slight breeze.

Girls Results:

AF- 65, LP-75, Tpgs-28

Long Jump:

1.Autumn Kelsch	AF	15-3
2.Breann Brown	Tpgs	15-2
3.Katie Hunt	AF	14-6
4.Rachel Asay	LP	14-6
Kasidy Reynolds	LP	14-0
Micah Mehlhoff	LP	13-10
Sarah Jensen	Tpgs	12-9

High Jump:

1.Abby Yingling	LP	5-3
2.Emily Krout	LP	5-3
3.Julia Vaughan	LP	4-11
4.Jessie Eakins	AF	4-11
Lindsey Jones	LP	4-11
Alisa Baker	Tpgs	4-9
Miranda Thomas	Tpgs	4-8
Afton Law	AF	4-8

Pole Vault:

1.Ariel Jolley	AF	8-8
2.Emma Fairbanks	LP	7-2
3.Sarah Matthews	LP	7-2

Shot Put:

1.Brecken Bearson	LP	27-5
2.Mallory Saluone	AF	26-4
3.Alysa Baker	Tpgs	25-9
4.Jaysa Funk	LP	24-8.5
Sydney Flygard	LP	23-2

Discus:

1.Mallory Saluone	AF	78-6
2.Chelsea Jackson	LP	70-1.5
3.Sydney Flygard	LP	65-9
4.Brecken Bearson	LP	65-5
Afton Moon	LP	51-3

Rebecca McGowan	LP	50-5
-----------------	----	------

Javelin:

1.Mallory Saluone	AF	78-9
2.Brecken Bearson	LP	66-2
3.Sydney Flygard	LP	63-4
4.Jaysa Funk	LP	58-3
Chelsea Jackson	LP	52-4
Afton Moon	LP	51-2
Rebecca McGowan	LP	48-3

100m Hurdles:

1.Abby DeWitt	Tpgs	16.4
2.Jessie Eakins	AF	16.6
3.Rachel Asay	LP	18.1
4.Kelsey Roberts	AF	18.2
Anna Rhoton	LP	18.2
Annie Rucker	LP	18.2
Kylie Jesperson	AF	18.3
Alana Bishop	AF	20.1

100m Dash:

1.Molly Boughton	AF	12.7
2.Jamaica Christensen	Tpgs	12.9
3.Micah Mehlhoff	LP	13.1
4.Annie Packer	LP	13.3
Hilary McKinnon	LP	13.4
Payton Beveridge	LP?	13.4
Sarah Garcia	AF	13.6
Autumn Kelsch	AF	13.7
Marcy Fuller	Tpgs	13.7
Sarah Jenson	Tpgs	13.9
Katie Hunt	AF	13.9
Alana Bishop	AF	14.1
Amber Dahle	LP?	14.2
Maddy Reinstein	LP	14.2
Alyssa Ireland	AF	14.3
Shyann Richin	AF	14.6
Morgan Harris	LP	15.0
Alix Hofheins	LP	15.3
Carlie Jacobson	Tpgs	15.4
Wisline Trinnaman	AF	15.4
Karen Fernandez	LP	17.2

1600m Run:

1.Lexie Green	AF	5:37.1
2.Payton Pryor	AF	5:47.5
3.Mariah Nimmer	Tpgs	5:52.3
4.Amanda Harvey	LP	6:09.2
Miranda Thomas	Tpgs	6:17.1
Anna Gunther	AF	6:18.0
Maddie Proffit	LP	6:20.9
Anna Tasso	LP	6:21.7
TJ Thompson	AF	6:23.6
Rachael Brantley	AF	6:25.9
Andie Weight	AF	6:26.2

4X100m Relay:

1.Timpanogos	Tpgs	51.2
2.Lone Peak	LP	52.2
American Fork	AF	56.2

400m Dash:

1.Eva Willardson	LP	1:02.0
2.Nikki Smith	AF	1:03.2
3.Jaysa Funk	LP	1:04.8
4.Eliza Yingling	LP	1:08.4
Emily Morrin	LP	1:09.0
Maddie Rinstein	LP	1:11.0
Abby Ellis	LP	1:17.0
Ariana Atwood	LP	1:19.0
Serena Fackrell	LP	1:19.0
Karman Carlisle	LP	1:20.0

300m Hurdles:

1.Aby DeWitt	Tpgs	51.3
2.Jessie Eakins	AF	52.5
3.Kelsey Roberts	AF	52.5
4.Rachel Asay	LP	52.8
Anna Rhoton	LP	53.7
Amber Bardin	AF	54.0
Amber Dahle	LP	1:00.0

800m Run:

1.Sophie Baird	AF	2:23.7
2.Makayla Stepp	AF	2:28.9

3. Alisa Baker	Tpgs	2:29.6
4. Lexie Green	AF	2:38.9
Diane Leach	AF	2:39.9
Carlie Jacobsen	Tpgs	2:42.3
Miranda Thomas	Tpgs	2:43.7
Marcy Fuller	Tpgs	2:45.8
Savannah Winder	Tpgs	2:46.7
Carli Freitas	Tpgs	2:47.5
Sadie Stahura	LP	2:49.1
Madee Proffit	LP	2:53.1
Jaysa Funk	LP	2:57.9
Sarah Jensen	Tpgs	3:04.1
Abby McBride	AF	3:04.4
Abby Ellis	LP	3:06.0

Medley Relay:

Lone Peak	LP	4:54.0
-----------	----	--------

200m Dash:

1. Carlie Jackson	LP	26.6
2. Molly Boughton	AF	26.9
3. Nikki Smith	AF	27.1
4. Abby DeWitt	Tpgs	27.9
Alyssa Ireland	AF	28.6
Anna Rhoton	LP	29.1
Autumn Kelsch	AF	29.3
Savannah Winder	Tpgs	29.3
Sarah Jensen	Tpgs	29.6
Alana Bishop	AF	29.6
Kasidy Reynolds	LP	30.1
Amber Bardin	AF	30.5
Amber Dahle	LP	31.3
Carli Freitas	Tpgs	31.4
Ariana Atwood	LP	33.6
Karman Carlisle	LP	34.5

3200m Run:

1. Natalee Wells	LP	13:01.4
2. Emily Morrin	LP	13:38.2

4X400m Relay:

1. Lone Peak "A"	LP	4:53.0
Lone Peak "B"	LP	4:55.0

Boys Results:

AF- 77 , LP- 73 ,Tpgs-22

High Jump:

1.Chad Best	Tpgs	6-4
2.Rio Newman	LP	6-0
3.Brett Matheson	LP	6-0
4.Erik Ostrom	LP	5-8
David Jensen	LP	5-8
Ashton McDonald	LP	5-8
Brendan Bender	AF	5-6
Tanner Webb	Tpgs	5-6
Erik Lund	AF	5-6
Ryan Earl	Tpgs	5-4
McKay Boyd	Tpgs	5-4
Brad Waldron	Tpgs	5-4

Long Jump:

1.Braeden Lukens	AF	18-10
2.Eric Ostrom	LP	18-8
3.Tanner Webb	Tpgs	18-2
4.TJ Larson	AF	18-2
Caden Humphrey	LP	18-1
Bryce Rutland	Tpgs	17-5
McKay Boyd	Tpgs	16-7
Brendan Bender	AF	16-1
Austin Wilson	AF	15-8
Garrett Bills	AF	15-0
Mike Ingleton	Tpgs	14-5
Blake Hunsaker	AF	12-0
Paul Brady	LP	8-4

Pole Vault:

1.TJ Brandow	LP	13-8
2.Caleb Elzey	AF	11-8
3.Neal Thomas	AF	10-8
4.Michael Johnson	AF	10-2
David Moreno	LP	9-8
Joseph Corey	AF	9-2
David Hulme	LP	8-2
Gavin Fairbanks	LP	8-2
Jon Cahoon	LP	7-8
Chad Best	Tpgs	7-8

Derek Querry	LP	7-8
Austin Wilson	AF	7-8

Shot Put:

1.Chandler Clark	LP	47-4
2.Riley Smith	AF	44-9
3.Dalin Rodgers	LP	44-4
4.Spencer Reinstein	LP	40-11
Sam Navarrete	AF	40-9
Zach Barrett	LP	39-6
Ryan Goff	LP	37-6
Jacob Anderson	AF	31-5
Colin Smith	AF	31-4
David Edwards	AF	29-1

Discus:

1.Chandler Clark	LP	139-11
2.Spencer Reinstein	LP	127-9
3.Sam Navarrete	AF	127-1
4.Riley Smith	AF	121-8
Matt Solomon	LP	114-5
Colin Smith	AF	103-6
Max Saunders	LP	99-10
Zack Barrett	LP	95-3
Dallin Rodgers	LP	88-4
Sawyer Mullane	LP	83-4
Preston Trout	LP	80-8
Jacob Anderson	AF	80-2
Ryan Goff	LP	79-6
David Edwards	AF	68-6
Brandon Chambers	AF	67-10
Cardon Merrill	AF	67-0
Levi Smith	AF	61-8

Javelin:

1.TJ Larson	AF	138-5
2.Cam Oslinger	LP	136-7.5
3.Max Saunders	LP	123-5
4.Erik Lund	AF	118-7
Spencer Reinstein	LP	117-10
Zach Peay	AF	114-1
Riley Smith	AF	112-6
Chandler Clark	LP	111-0

Chad Best	Tpgs	110-4
Sawyer Mullane	LP	107-6
Preston Trout	LP	105-5
Jacob Anderson	AF	97-0
Spencer Murdock	AF	91-9
Brandon Chambers	AF	69-3
Levi Smith	AF	68-2
David Edwards	AF	63-10
Austin Wilson	AF	56-2.5

100m Hurdles:

1. Braeden Lukens	AF	15.7
2. Tanner Lee	AF	16.1
3. Eric Ostrom	LP	16.4
4. Brandan Glazier	AF	16.9
David Bean	AF	17.0
Erik Lund	AF	17.2
Caden Humphrey	LP	18.5
Nathan Rasmussen	AF	19.8

100m Dash:

1. Blake Ellis	LP	11.0
2. Ryan Jensen	LP	11.0
3. Blake Harmon	AF	11.0
4. Jay Riggs	AF	11.2
Tanner Webb	Tpgs	11.2
Eric Ostrom	LP	11.4
Shane Ostrom	AF	11.4
Michael Lindeman	LP	11.5
Mark Schvaneveldt	LP	11.6
Bryce Rutland	Tpgs	11.6
McKay Boyd	Tpgs	11.6
Ashton McDonald	LP	11.6
Mason McDonald	LP	11.7
Baron Gajkowski	LP	11.7
Jacob Jensen	Tpgs	11.8
Ryan Earl	Tpgs	12.0
Garrett Bills	AF	12.1
Jake Heslington	Tpgs	12.1
Kolin Powell	LP	12.2
Brad Waldron	Tpgs	12.2
Tanner Allred	AF	12.3
Michael Johnson	AF	12.4

Talmadge Swindle	AF	12.5
Kaden Weber	LP	12.5
Spencer Murdoch	AF	12.6
Ben Clark	LP	12.6
Alex Childs	AF	12.7
Michael Ingleton	Tpgs	12.8
Blake Hunsaker	AF	15.0

1600m Run:

1. Brayden McLelland	AF	4:20.4
2. Daniel Bentley	AF	4:39.3
3. Adam Goff	LP	4:46.0
4. Luke Gunther	AF	4:47.6
Stephen Robbins	AF	4:48.6
Jacob Warner	LP	4:49.1
Taylor Liddell	Tpgs	4:49.8
Tommy Johnson	LP	4:51.8
Adam Jensen	LP	4:55.5
Connor Hoopes	AF	4:56.5
Koy Moore	Tpgs	4:58.1
Jon Cahoon	LP	5:01.7
Mike Liddle	Tpgs	5:02.2
Cole Gray	LP	5:05.3
Chad Best	Tpgs	5:20.6
Josh Christensen	LP	5:21.8
Parker Rasmussen	AF	5:28.3
Tate Wilks	Tpgs	5:32.3
Sam Bateman	AF	5:33.1
Riker Terry	Tpgs	5:34.5

4X100m Relay:

1. Lone Peak	LP	44.2
--------------	----	------

400m Dash:

1. Blake Ellis	LP	52.3
2. Jake Heslington	Tpgs	53.0
3. Ryan Jensen	LP	53.9
4. Mark Schvaneveldt	LP	55.6
Jacob Jensen	??	55.7
Josh Christensen	LP	57.8
Michael Lindeman	LP	57.9
Shane Ostrom	AF	58.9
Ben Clark	??	59.5

Bryce Rutland	Tpgs	59.5
Alex Childs	AF	1:00.6
Tanner Johansen	LP	1:02.1
Drew Hesterly	LP	1:10.6
Kaden Weber	LP	1:19.0

300m Hurdles:

1.Tanner Lee	AF	42.5
2.Erik Lund	AF	43.1
3.Brandan Glazier	AF	44.4
4.David Bean	AF	46.6
Jon Cahoon	LP	47.7
Taylor Liddell	Tpgs	50.7
Nathan Rasmussen	AF	51.0
Ryan Burgess	LP	56.6

800m Run:

1.Tyson Green	AF	1:58.7
2.Jake Heslington	Tpgs	2:06.3
3.Nathan Tracy	AF	2:06.6
4.Bobby Dayley	Tpgs	2:09.0
Zach Allred	AF	2:10.4
Stephen Robbins	AF	2:12.4
Zac Jacklin	AF	2:14.3
Connor Hoopes	AF	2:16.9
Blake Ellis	LP	2:20.9
Mike Liddle	Tpgs	2:22.1
Koy Moore	Tpgs	2:22.9
Jed Johnson	LP	2:33.7
Anthony Harvey	LP	2:34.8
Parker Rasmussen	AF	2:35.5
Riker Terry	Tpgs	2:36.4
Sam Bateman	AF	2:41.2
Kaden Weber	LP	2:45.4
Eric Walton	LP	3:08.9

Medley Relay:

1.Timpanogos	Tpgs	4:24.0
--------------	------	--------

200m Dash:

1.Ryan Jensen	LP	22.6
2.Tanner Webb	Tpgs	23.7
3.Michael Lindeman	LP	24.0

4. Mark Schvaneveldt	LP	24.4
Mason McDonald	LP	24.5
Jacob Jenson	??	24.7
Ryan Earl	Tpgs	24.7
Shane Ostrom	AF	24.9
TJ Larson	AF	25.1
McKay Boyd	Tpgs	25.4
Kaden Weber	LP	26.7
Alex Childs	AF	27.0
Michael Ingleton	Tpgs	27.0
Spencer Murdoch	AF	27.9
Blake Hunsaker	AF	33.0

3200m Run:

1. Connor McMillan	AF	9:58.0
2. Caleb Thompson	AF	10:02.7
3. Spencer Herzog	AF	10:22.8
4. Jace Jensen	AF	10:36.5
Jacob Chase	AF	11:22.4
Dillon Stone	AF	11:33.2
Parker Johnson	LP	13:09.4

4X400m Relay:

1. Lone Peak "A"	LP	3:41.0
2. American Fork	AF	3:44.0
Lone Peak "B"	LP	4:13.0
Timpanogos	Tpgs	4:22.0