

MAKING



CHAMPIONS

State Champions Timpanogos Cross Country 2015

Date	Meet	Location	Time	Bus	
June 8-Aug 3	M-F Summer Practice	Timpanogos Track	7:30 AM		
Aug 4-8	Tue-Sat	High Altitude Running Camp			
Aug. 15	Sat	Premier Invitational	Tooele	8:00 AM	6:00 AM
Aug 20	Thurs	Highland Invitational	Sugarhouse Park	4:00 PM	1:45 PM
Aug. 26	Wed	Pre Region	Scera Park	6:30 PM	5:00 PM
Aug. 29	Sat	Grass Relays	American Fork High	8:00 AM	7:00 AM
Sept. 5	Sat	Utah County Inv.	Lakeside Sports Park	9:00 AM	
Sept. 7	Mon.	T-wolf Trot	Timpanogos High	8:00 AM	
Sept. 19	Sat.	Timpview Invite	Provo		
Sept. 26	Sat.	Bob Firman Invitational	Eagle Island, ID	TBA	
Oct. 10	Fri	Region	Scera Park	3:30 PM	1:45 PM
**Oct. 21	Wed.	Utah State Meet	Sugarhouse Park	3:30 PM	11:00AM
Nov. 7	Sat.	Pre-Footlocker	American Fork	9:00 AM	
**Nov. 22	Sat	Nike Southwest Championship	Tempe, AZ		TBA
**Dec. 5	Sat	Nike Cross Nationals	Portland, OR		
Dec. 5	Sat	Footlocker	Pomona, CA		TBA

Coach Jody Benson, Coach Brooke Davies, Coach Caleb Scovile
Coach Melanie Clayton, Coach Jen Fitzgarrald

** Only Top seven will be able to participate.
Website: www.runtwolf.com

