

Timpanogos Cross Country 2012

| | | | | | Bus |
|------------------|-------------|------------------------------------|------------------------|----------------|----------------|
| Aug 7-11 | Tue-Sat | High Altitude Running Camp | | | |
| Aug. 16 | Thur. | Pre Region | Timpview High | 6:30 PM | 4:30 PM |
| Aug. 18 | Sat | Premier Invitational | Tooele | 8:00 AM | 6:00 AM |
| Aug. 25 | Sat | Grass Relay | Am Fork High | 8:00 AM | 6:45 AM |
| Aug. 31 | Fri. | Utah County Inv. | Lakeside Sports Park | 4:00 PM | 2:30PM |
| Sept. 3 | Mon. | T-wolf Trot | Timpanogos High | 8:00 AM | |
| **Sept. 14 | Fri. | BYU Inv. | Cascade Golf Course | 5:30 PM | |
| Sept. 15 | Sat. | BYU Inv. | BYU | 9:00 AM | |
| Sept. 22 | Sat. | Bob Firman Inv | Boise, ID | | |
| Sept. 28 | Fri. | Park City Inv. | Park City | | |
| Oct. 6 | Sat | Region | Timpview High | 9:00 AM | 7:00 AM |
| **Oct. 17 | Wed. | Utah State Meet | Sugarhouse Park | 3:30 PM | 12:00PM |
| Oct. 27 | Sat. | Meet of Champions | TBA | | |
| Nov. 3 | Sat. | Pre-Footlocker | American Fork | 9:00 AM | |
| **Nov. 17 | Sat | Nike Southwest Championship | Tempe, AZ | | TBA |
| Dec. 1 | Sat | Footlocker | Pomona, CA | TBA | |

Coach Jody Benson 801-368-4521 Coach Melanie Clayton 801-602-4291
Coach Jen Fitzgarrald 801-765-9838

*Top 15 will be able to participate. ** Only Top seven will be able to participate.

Website: www.runtwolf.com
Blogsite: <http://timpxc.wordpress.com/>