



Timpanogos Cross Country Schedule 2011



Aug. 18	Thur.	Pre Region	Springville	6:30 PM
Aug. 20	Sat.	Premier Invite	Settlement Canyon, Tooele	8AM
Aug. 27	Sat	Cougar Challenge	Kearns High	9 AM
Sept. 2	Fri	Utah County Inv.	Lakeside Park	4:30 PM
Sept. 5	Mon.	T-wolf Trot	Timpanogos High	8 AM
Sept.10	Sat.	Wasatch Inv.	Soldier Hollow, Midway	8 AM
Sept. 24	Sat.	Bob Firman Inv	Boise, ID	
Oct. 8	Sat	Region	Springville HS	9 AM
**Oct. 19	Wed.	Utah State Meet	Sugarhouse Park	3:30 PM
Nov. 5	Sat.	Pre-Footlocker	American Fork	9 AM
**Nov. 19	Sat	Nike Southwest Championship	Tempe, AZ	TBA
Dec. 3	Sat	Footlocker	Pomona, CA	TBA

Coach Jody Benson 221-9249
Coach Melanie Clayton

** Only Top seven will be able to participate.

2010 Girls Region Champions
2009 Girls 2nd Region, 3rd State
2009 Boys 2nd Region, 2nd State